

IFBB Enforces Drug Policy!

Contributed by Dave Palumbo
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Given the current political environment, it's nice to know that the IFBB is complying with its stated random drug testing policy; however, since the testing protocol and selection process is being kept anonymous, it's impossible to tell exactly how many athletes per year are being randomly chosen. Suffice it to say that as the political climate continues to heat up (with the Olympics right around the corner), more frequent testing of IFBB athletes could become the rule rather than the exception.