

Warren Down, But Not Out!

Contributed by Dave Palumbo
Friday, 15 August 2008

Branch Warren is officially out of the 2008 Mr Olympia contest. According to Warren, "I slipped while walking down a flight of steps at my house. When I tried to catch myself and stop the fall, the quick, sudden, movement caused a small tear in my triceps where it attaches at the elbow. "

Branch Warren is officially out of the 2008 Mr Olympia contest. According to Warren, "I slipped while walking down a flight of steps at my house. When I tried to catch myself and stop the fall, the quick, sudden, movement caused a small tear in my triceps where it attaches at the elbow. "

Never one to let a setback get him down, "The Working Man's Bodybuilder" is having the tendon surgically repaired later this morning. Warren insists that he'll continue training his lower body while the triceps injury heals. He also promises to be ready to compete by the time the Arnold Classic rolls around in March 2009.

Stay tuned for more Branch Warren updates as they happen only on musculardevelopment.com.