

MD NO BULL RADIO: Lenda Murray, Sandy Williamson, and Steve Wennerstrom

Contributed by Dave Palumbo
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8x Ms. Olympia Lenda Murray stops by to discuss her opinions on the future of women's physique contests. What will happens to women's bodybuilding?

Head NPC Women's Judge, Sandi Williamson, explains some of the new rule changes with regard to the Figure Division. She also explains what we can expect to see in 09' from the new NPC Bikini Division. Will the Figure girls get to pose now?

IFBB Women's Historian, Steve Wennerstrom, chimes in on the debate as well. Find out what the man who's seen it all in

women's physique has to say about the subject.

Remember, "You never know who'll stop by with The Muscle Mob!"

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