

Seeking Amateurs for "In the Trenches"

Contributed by MD Editor
Thursday, 11 June 2009

Many of you all have asked how you can be selected for an "In the Trenches" video. Well here's your opportunity.

Our video staff will take the time to film you in an "In the Trenches" training video while in the Chicago area. Our open film dates are Thursday, Friday, Sunday and Monday: June 18-22. All you have to do is

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- Full Name
- Contest History
- Current Picture
- Contest Picture
- Date and Time Available
- Intended Workout
- Are you sponsored by someone?

If you think you are worthy of being filmed, email the above information to: inthetrenches@musculardevelopment.com

Keep in mind we reserve the right to pick the athlete, man or woman, we think will appeal to our current subscriber base. However, we do appreciate your interest and will get back with you as quickly as possible.

All video taping will be done in Chicago's North Side "Quads Gym."

3727 N Broadway St Chicago, IL 60613 - (773) 404-7867

Open Weekdays 5:30am-10pm; Sat 6am-8pm; Sun 9am-8pm

We will provide the gym cover charge; however, we will require you to travel to Quads Gym. It's a quick drive/cab ride from the guest hotel.