

## What's New?

Contributed by Administrator  
Tuesday, 16 December 2008

February 17, 2009 The Importance of Sleep for Optimal Testosterone Production

February 16, 2009 Chasing the Shadow

February 16, 2009 The Latest Supplement Myth

February 16, 2009 The Big Gut: Are Excess GH and Insulin to Blame?

February 16, 2009 Caffeine's Fat Reducing Effects: An Update

February 16, 2009 GH HAS DIRECT ANABOLIC ACTIONS ON MUSCLE INDEPENDENT OF IGF-1.

February 16, 2009 UCP-3's Role In Enhancing Fat Oxidation

February 16, 2009 Dangerous & Deadly Stacks

February 16, 2009 Burn More Body Fat By Increasing Adipose Tissue Blood Flow

February 16, 2009 Scientific Breakthrough: Spot Reduction

February 10, 2009: Dennis Wolf: My Take On Low-Carb Diets

February 2, 2009: Scientific Breakthrough: Spot Reduction

February 2, 2009:Gym Of The Living Dead

February 2, 2009:David Barr: 6 Supplements to Enhance Muscle Blood Flow

February 2, 2009: Testosterone: Support, don&rsquo;t Suppress

January 31, 2009 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #13: BARBELL SQUATS- GODFATHER STYLE!

January 30, 2009 Using Testosterone To Reduce Abdominal Fat

January 29, 2009 Crank Up those Catecholamines for Fat Loss!!

January 29, 2009 VIDEO: CHRIS CORMIER AT THE 2009 IRONMAN PRO EXPO

January 29, 2009 The Pharmacology Of Anabolic Steroids

January 29,2009 DEHYDRATED ATHLETES HAVE BLUNTED TESTOSTERONE RESPONSES TO EXERCISE

January 28, 2009 PHOTO GALLERY: IRONMAN PRO PAPARAZZI by MIKE YURKOVIC

January 26, 2009 NO BULL RADIO: FLEX WHEELER, SHAWN RAY, ED PARISO, and JIMMY PELLECHIA

January 26, 2009 There's Something Fishy About Weight Loss

January 26, 2009 Creatine Increases Satellite Cell Activity and IGF-1 mRNA in Skeletal Muscle.

January 25, 2009 VIDEO: IRONMAN PRO FINALS WRAPUP WITH SHAWN RAY AND FLEX WHEELER

January 24, 2009 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #12: ONE ARM HAMMER ROWS!

January 24, 2009 VIDEO: IRONMAN PRO PREGAME SHOW and INTERVIEWS

January 24, 2009 Creatine Increases Satellite Cell Activity and IGF-1 mRNA in Skeletal Muscle.

January 24, 2009 Covering Your Nutritional Bases: The Importance of Acid-Base Balance

January 23, 2009 SHAWN RAY LOOKS REMEMBERS THE IRONMAN PRO!

January 21, 2009 Interleukin 6 (IL6): Ultimate Muscle Fat Burner&mdash; Friend or Foe?

January 20, 2009 NO BULL RADIO: MARCUS HALEY, JOHN BALIK, and PATRICK ARNOLD

January 20, 2009 Crank up the heat: Uncoupling Proteins

January 17, 2009 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #11: ONE ARM MACHINE SIDE LATERALS

January 15, 2009

Dietary Cholesterol Increase Muscle Mass

January 14, 2009 THE ANABOLIC, ANTI-CATABOLIC/FAT LOSS PROPERTIES OF LEUCINE

January 13, 2009 MD Audio Online: Flex Wheeler, Dark Rage, Eric Broser

January 13, 2009 Rock Beats Scissors; Insulin Beats Fat Loss

January 12, 2009 NO BULL RADIO: JIM MANION, SAMIR BANNOUT, and LEE PRIEST

January 12, 2009 Best Fats for Fat Burning-The Latest Research

January 11, 2009 VIDEO: IRONMAN PRO 20-YEAR RETROSPECTIVE with SHAWN and LONNIE (Part 2)

January 10, 2009 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #10- LEG CURLS

January 10, 2009 VIDEO: IRONMAN PRO 20-YEAR RETROSPECTIVE WITH SHAWN RAY and LONNIE TEPER (Part 1)

January 10, 2009 Q and A with Dave Palumbo- 1/10/09

January 8, 2009 Mechano Growth Factor (MGF): The Most Powerful Anabolic Growth Factor Ever?

January 7, 2009 Are You Losing Your Balls!?! New Study Shows Testosterone Levels Declining

January 7, 2009 Q and A with Dave Palumbo-Jan. 7

January 6, 2009 NO BULL RADIO: SAMIR BANNOUT and AUTHOR L. REA

January 6, 2009- MD AUDIO: MD AUDIO ONLINE ARRIVES

January 6, 2009- ARTICLE: LOW MUSCLE GLYCOGEN IMPAIRS ANABOLIC GENES

January 6, 2009 ARTICLE: Alkaline Diets Increase Muscle Mass

January 5, 2009 ARTICLE: Break a Sweat Before Breakfast For Maximum Fat Loss

January 4, 2009 ARTICLE: Testosterone and Fat Loss- Greater Benefits Than Realized

January 3, 2009 FITNESS/FIGURE GALLERY: LEIGH HICKOMBOTTOM (as photographed by MIKE YURKOVIC)

January 3, 2009 M"D" CUP: FLAVIA CRISOS (as photographed by BRIAN MOSS)-- FREE GALLERY or VIP GALLERY

January 3, 2009 FEMALE MUSCLE: MONIQUE JONES (as photographed by MIKE YURKOVIC)

January 1, 2009 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #9: LEG EXTENSIONS- NEW YEARS EVE 09!

December 31, 2008 VIDEO: "IN THE TRENCHES"- TIMMY CORSCADEN and ANDREA GIACOMA TRAIN SHOULDERS

December 29, 2008 NO BULL RADIO: SHAWN RAY, LEE PRIEST, HANY RAMBOD, and JIMMY PELLECIA

December 28, 2008 JAY CUTLER HIRES HANY RAMBOD!

December 25, 2008 VIDEO: "IN THE TRENCHES"- MAX CHARLES TRAINS ARMS 1 DAY AFTER the 2008 NPC EASTERN USA

December 24, 2008 NO BULL RADIO: DR SCOTT CONNELLY, KRISSY CHIN, and TRICKY JACKSON

December 23, 2008 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #8-- ONE ARM OVERHEAD TRICPS EXTENSIONS- SANTA CLAUS STYLE!

December 22, 2008 ARTICLE: GYNECOMASTIA and BODYDYSMORPHIC DISORDER!

December 21, 2008 VIDEO: "IN THE TRENCHES" with MARTIN KJELLSTROM-- ARM TRAINING

December, 20, 2008 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #7: DUMBBELL DELTOID RAISES

December 16, 2008 VIDEO: NPC NATIONALS VIDEO INTERVIEWS WITH SHAWN RAY

December 15, 2008 NO BULL RADIO: ROBERT DASKAS, CHAD NICHOLS, and AUTHOR L. REA

December 13, 2008 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #6: ONE ARM CABLE CURLS

December 8, 2008 NO BULL RADIO: LAUREN POWERS and JIMMY PELLECHIA

December 6, 2008 VIDEO: TRANSFORMATION-3 TIP OF THE WEEK #5: HAMMER STRENGTH ONE ARM ROWS

December 6, 2008 M"D" CUP: ANDREA GIACOMI-- FREE GALLERY or CLUB MD VIP GALLERY

December 5, 2008 PERFORMANCE NUTRITION: IS THOMAS EDISON STEALING YOUR MUSCLE GAINS?

December 4, 2008 WOMENS BODYBUILDING PHOTO GALLERY: ELENA SEIPLE

December 4, 2008 WOMENS BODYBUILDING PHOTO GALLERY: 2008 NPC NATIONALS OVERALL CHAMP-SHEILA BLECK

December 4, 2008 WOMENS BODYBUILDING: LILLI EWING-- THE 2ND TIME AROUND

December 1, 2008 NO BULL RADIO: DR SCOTT CONNELLY and THE MUSCLE MOB

November 24, 2008 NO BULL RADIO: ED NUNN, MIKE LIBERATORE, and GUY CISTERNINO

November 23, 2008 VIDEO: NPC NATIONALS POST EXIT INTERVIEWS with ED NUNN, MIKE LIBERATORE, SHEILA BLECK, MARK ALVISI, and GUY CISTERNINO

November 23, 2008 VIDEO: NPC NATIONALS FINALS WRAPUP WITH SHAWN and DAVE

November 22, 2008 VIDEO: NATIONALS MEN'S PREJUDGING WRAUPUP WITH SHAWN RAY and DAVE PALUMBO

November 21, 2008 VIDEO: HOTEL ROOM INTERVIEWS-- 2008 NPC NATIONALS

November 20, 2008 VIDEO: MHP TRANSFORMATION TIP-3 OF THE WEEK #3: MR G JOKER DOES LEG RAISES

November 19, 2008 VIDEO: "IN THE TRENCHES"-- ANTONEIL CHAMPAIGNE TRAINS BACK 5 DAYS BEFORE THE NPC NATIONALS

November 17, 2008 VIDEO: NPC EASTERN USA EXIT INTERVIEWS with ANTONEIL CHAMPAIGNE, BONNIE PAPPAS, and KATHERYNNE RAMIREZ

November 17, 2008 NO BULL RADIO: KIRK DEFRANCESCO, RYAN KENNELLY, and JIMMY PELLECHIA

November 14, 2008 VIDEO: MHP TRANSFORMATION TIP OF THE WEEK #2-- MR G HULK DOES STRAIGHT BARBELL CURLS

November 11, 2008 VIDEO: "IN THE TRENCHES"- GUY CISTERMINO 2 WEEKS FROM THE 2008 NPC NATIONALS

November 10, 2008 NO BULL RADIO: 8x MS OLYMPIA LENDA MURRAY, SANDY RANALLI-WILLIAMSON, and STEVE WENNERSTROM

November 10, 2008 VIDEO: MIKE LIBERATORE- A DAY IN THE LIFE

November 7, 2008 VIDEO: "IN THE TRENCHES"- JOHN DELAROSA and ARMANDO PENA TRAIN SHOULDERS OFFSEASON-2008

November 6, 2008 VIDEO: TRANSFORMATION 3 TIP OF THE WEEK #1: UNDERHAND PULL DOWNS

November 5, 2008 VIDEO: "IN THE TRENCHES" with MARK ALVISI- CHEST TRAINING

November 3, 2008 M"D" CUP: NIKKI JACKSON-- SMOKING HOT BRIAN MOSS PICS for FREE..... or CLUB MD VIP

PICS

November 3, 2008 NO BULL RADIO: MIKE LIBERATORE and SHAWN RAY

November 2, 2008 VIDEO: "IN THE TRENCHES" with JODY WALD and ROSEANNE DESMARAIS-- SHOULDER TRAINING

October 31, 2008 VIDEO: "IN THE TRENCHES" with TAREK ELSETOUHI-- SHOULDER TRAINING DURING RAMADAN

October 26, 2008 NO BULL RADIO: DR SCOTT CONNELLY, PAUL DILLETT PART 2, HEATHER POLICKY, and KRISSY CHIN

October 26, 2008 VIDEO: "IN THE TRENCHES" with MIKE LIBERATORE-- ARM TRAINING!

October 26, 2008 FITNESS/FIGURE PHOTO GALLERY: ELISE FIRESTONE

October 25, 2008 VIDEO: FLEX WHEELER-- "IN THE TRENCHES"-- ARM TRAINING

October 20, 2008 NO BULL RADIO: PAUL DILLETT, AUTHOR L. REA, and HEATHER POLICKY

October 18, 2008 BREAKING NEWS: BEN WEIDER DEAD AT 85!

October 13, 2008 NO BULL RADIO: HEATHER POLICKY, GREGG VALENTINO, and JIMMY PELLECHIA

October 11, 2008 MDTV: POSING ROUTINES from 2008 NPC TEAM UNIVERSE-- Jeff Rodriguez, Kiyoshi Moody, Paris Papillon, Paul Gats, Bill Lawrence

October 11, 2008 M"D" CUP PHOTO GALLERY: ALEXIS ELLIS..... FREE GALLERY or VIP CLUB MD GALLERY

October 10, 2008 MDTV: 2008 OLYMPIA TEAM MD SUPERSTAR SEMINAR- Part 10,11

October 10, 2008 MDTV: 2008 OLYMPIA TEAM MD SUPERSTAR SEMINAR- Part 7,8,9

October 9, 2008 MDTV: 2008 OLYMPIA TEAM MD SUPERSTAR SEMINAR- Part 4,5,6

October 8, 2008 MDTV: 2008 OLYMPIA TEAM MD SUPERSTAR SEMINAR- Part 1,2,3

October 6, 2008 NO BULL RADIO: RONNIE COLEMAN, RON HARRIS, and JIMMY PELLECHIA

October 4, 2008 INJURIES and REHAB: GET OUT OF THE TWIST WITH STRESS RELIEF METHOD

September 29, 2008 NO BULL RADIO: MS OLYMPIA IRIS KYLE, SHAWN RAY, and FLEX WHEELER

September 28, 2008 MDTV: THE MUSCLE MOB WRAUP of the MR OLYMPIA CONTEST with the ENTIRE MD WHACK PACK

September 26, 2008 MDTV: SNEAK PEAK INTERVIEWS WITH IRIS KYLE, JENNY LYNN, JANE AWAD, TRISH WARREN, and HEATHER POLICKY

September 26, 2008 MDTV: MR OLYMPIA PREDICTIONS SHOW WITH SHAWN, FLEX, and DAVE

September 22, 2008 NO BULL RADIO: CHARLIE ARMS, DAYANA CADEAU, and SHAWN RAY

September 21, 2008 MDTV: DENNIS WOLF TRAINS IN GERMANY-- PART 3- DELTS

September 19, 2008 MDTV: DENNIS WOLF TRAINS IN GERMANY, 5 WEEKS OUT FROM THE 2008 MR OLYMPIA: VIDEOS BY "BLOOD AND GUTS" VIDEOGRAPHER KEVIN HORTO-- PART 1- BACK, PART 2- TRICEPS

September 18, 2008 TRAINING ARTICLE: INVINCIBLE WORKOUT MENTAL FOCUS by PETE SIEGEL

September 17, 2008 MDTV "IN THE TRENCHES"-- CHARLIE ARMS TRAINS ARMS!

September 16, 2008 MDTV:POST-ATLANTIC CITY PRO INTERVIEWS

September 16, 2008 MDTV: POSING ROUTINE FROM ALANTIC CITY PRO

September 16, 2008 MDTV: DARREM CHARLES POSING AT THE 2008 ATLANTIC CITY PRO

September 15, 2008 NO BULL RADIO: DENNIS WOLF, DR. SCOTT CONNELLY, and JIMMY PELLECHIA

September 15, 2008 MDTV: ATLANTIC CITY PRO MENS WRAPUP WITH DAVE PALUMBO and JOHN ROMANO

September 14, 2008 MDTV: WHEELCHAIR PHENOM JASON GREER at the ATLANTIC CITY PRO

September 14, 2008 MDTV: POSING ROUTINES: KING KAMALI and MELVIN ANTHONY

September 12, 2008 MDTV: ATLANTIC CITY PROMOTERS RON GOLDSTEIN and STOKELY PALMER

September 12, 2008 MDTV: STEVE BLECHMAN at the ATLANTIC CITY PRO SHOW

September 11, 2008 MDTV: DENNIS WOLF PREPARES FOR THE 2008 MR OLYMPIA- TEASER!

September 11, 2008 MDTV: MORE TEAM UNIVERSE INTERVIEWS-- TIM MARTIN, SAM LEWIS, and BILL MOSCHELLE

September 10, 2008 MDTV: ALICIA MARIE AFTER WINNING THE 2008 NPC TEAM UNIVERSE FIGURE CLASS F

September 10, 2008 MDTV: ZIVILLE RAUDONIENE AFTER WINNING THE 2008 IFBB NEW YORK PRO FIGURE

September 9, 2008 MDTV: SHERLYN ROY AFTER WINNING THE 2008 NPC TEAM UNIVERSE FIGURE OVERALL

September 9, 2008 MDTV: NITA MARQUEZ AFTER WINNING THE 2008 NPC TEAM UNIVERSE FITNESS OVERALL

September 8, 2008 NO BULL RADIO: PATRICK ARNOLD, FLEX WHEELER, and JEFF RODRIGUEZ

September 4, 2008 MDTV: "IN THE TRENCHES" with JOE ROMINE at the 2008 NORTH AMERICAN CHAMPIONSHIPS (part 1-3)

September 4, 2008 MDTV: ROBERT BURNEIKA BACKSTAGE AT THE 2008 IFBB NORTH AMERICA

September 2, 2008 MDTV: IFBB NORTH AMERICA CHAMPIONSHIPS WRAPUP WITH FLEX, DAVE, and FANKHOUSER (Part 1-3)

September 1, 2008 NO BULL RADIO: JIMMY PELLECHIA, DEREK ANTHONY, and Atlantic City Pro Promoter RON GOLDSTEIN

August 27, 2008 M"D" CUP PHOTO GALLERY: MISTY ANDERSON-- FREE GALLERY or VIP CLUB MD GALLERY

August 26, 2008 MDTV: "IN THE TRENCHES"- JEFF RODRIGUEZ TRAINS BACK AT GOLDS VENICE 2 WEEKS PRIOR TO 2008 TEAM UNIVERSE

August 25, 2008 MDTV: "IN THE TRENCHES"- BEN PAKULSKI AND PJ BRAUN TRAIN LEGS IN VENICE, GOLDS GYM

August 25, 2008 NO BULL RADIO: VICTOR CONTE, DANIEL STUCKART, and JIMMY "THE ANGRY BULL" PELLECHIA

August 20, 2008 MDTV: FUN WITH ALR AT THE 2008 EUROPA SUPER SHOW!

August 20, 2008 MDTV: RICH GASPARI TALKS ABOUT FLEX LEWIS AT THE 2008 EUROPA SUPER SHOW

August 19, 2008 MDTV: EUROPA SUPER SHOW WOMENS BODYBUILDING FINAL WRAPUP WITH DAVE PALUMBO AND STEVE WENNERSTROM

August 18, 2008 NO BULL RADIO: TREY BREWER, ROC SHABAZZ, and SHAWN RAY (Europa Super Show)

August 18, 2008 MDTV: EUROPA SUPER SHOW MENS OPEN and UNDER 202 CLASS FINALS WRAP-UP WITH DAVE PALUMBO, SHAWN RAY, and HANY RAMBOD

August 17, 2008 MDTV: POST CONTEST INTERVIEWS WITH SHERRY SMITH, BERNADETTE GALVAN, ROC SHABAZZ, and TRACEY GREENWOOD!

August 16, 2008 MDTV: BRANCH WARREN EXCLUSIVE INTERVIEW ONE DAY POST SURGERY TO ATTACH HIS TORN TRICEP

August 15, 2008 MDTV: EUROPA SUPER SHOW MENS PREJUDGING WRAPUP WITH SHAWN RAY, DAVE PALUMBO, and HANY RAMBOD

August 15, 2008 MDTV: EUROPA SUPER SHOW PREGAME SHOW-- MENS OPEN/UNDER 202 CLASS

August 25, 2008 MDTV: INTERVIEW WITH ERIK FANKHOUSER and CURTIS BRYANT 1 DAY OUT FROM EUROPA SUPER SHOW

August 13, 2008 MDTV: INTERVIEWS WITH DAVID HENRY and KLAUDIA LARSEN AFTER THE 2008 PBW TAMPA BAY PRO

August 13, 2008 MDTV: 2008 PBW TAMPA BAY PRO WOMENS BODYBUILDING WRAPUP WITH DAVE AND SHAWN

August 12, 2008 MDTV: 2008 PBW TAMPA BAY PRO WRAPUPS WITH DAVE PALUMBO AND SHAWN RAY

August 11, 2008 NO BULL RADIO: CURTIS BRYANT, ANTHONY ALMADA, and SHAWN RAY

August 9, 2008 MDTV: TONEY FREEMAN ANALYSIS AND POSING ROUTINE WITH DAVE PALUMBO AND SHAWN RAY

August 9, 2008 MDTV: NICOLE BALL AFTER WINNING THE 2008 PBW TAMPA BAY PRO SHOW

August 8, 2008 MDTV: PREVIEW OF THE 2008 IFBB PBW TAMPA BAY PRO WITH SHAWN RAY and DAVE PALUMBO

August 8, 2008 MDTV: INTERVIEWS WITH QUINCY TAYLOR, FREDERIC SAUVAGE, and NICOLE BALL 1 NIGHT BEFORE THE 2008 PBW TAMPA BAY PRO

August 6, 2008 MDTV: "IN THE TRENCHES"- DOMINICK DICHIO AND GUY CISTERNINO TRAIN LEGS

August 5, 2008 MDTV: QUINCY TAYLOR SPEAKS HIS MIND!

August 4, 2008 NO BULL RADIO: MEL CHANCEY, RYAN KENNELLY, and JIMMY PELLECHIA

August 4, 2008 MD FORUM EXCLUSIVE INTERVIEW WITH ELENA SEIPLE

August 2, 2008 MDTV: "IN THE TRENCHES"- JASON ARNTZ TRAINS LEGS AT BEV FRANCIS POWERHOUSE GYM AFTER PLACING 3rd at NY PRO UNDER 202 CLASS

August 1, 2008 M"D" CUP PHOTO GALLERY: NIKKI JACKSON-- FREE GALLERY or CLUB MD VIP MEMBERS GALLERY

July 28, 2008 NO BULL RADIO: MARK HENRY, MICHAEL LIBERATORE, and FLEX WHEELER

July 27, 2008 MDTV: INTERVIEW WITH MICHAEL LIBERATORE AFTER THE 2008 NPC USA

July 27, 2008 MDTV: NPC USA WOMENS BODYBUILDING FINALS WRAPUP WITH DAVE and STEVE WENNERSTROM

July 27, 2008 MDTV: NPC USA MENS FINALS WRAPUP WITH SHAWN, FLEX, AND DAVE

July 26, 2008 MDTV: NPC USA MENS PREJUDGING WRAPUP WITH SHAWN, FLEX, and DAVE

July 26, 2008 MDTV: NPC USA MUSCLE MOB PREJUDGING WRAP UP WITH DAVE AND JOHN

July 25, 2008 MDTV: DAVE INTERVIEWS THE TOP COMPETITORS, 1 DAY OUT FROM THE 2008 NPC USA.

July 24, 2008 2008 NPC USA WEIGH IN PHOTOS! .....or CHECK OUT PAPARAZZI GALLERY

July 22, 2008 MDTV: FLEX WHEELER SUPERSTAR SEMINAR with KEVIN LEVRONE, SHAWN RAY, FLEX WHEELER, DAVE PALUMBO, JEFF GOLINI, and CHRISSY GARCIA

July 22, 2008 MDTV: INTERVIEWS AT THE MASTERS-TEEN-COLLEGIATE NATIONALS with ALL THE WINNERS plus EVAN CENTOPANI and ERIK FANKHOUSER!

July 21, 2008 NO BULL RADIO: BRANDEN RAY, JON LINDSDAY, SCOTT CONNELLY, FLEX WHEELER, TRIPLE H, and JIMMY PELLECHIA

July 20, 2008 MDTV: CURTIS BRYANT TRAINS FOR THE 2008 NPC USA!

July 20, 2008 MDTV: 2008 MASTERS-TEEN-COLLEGIATE NATIONALS VIDEO WRAPUP WITH DAVE PALUMBO AND DAVE LIBERMAN

July 16, 2008 WOMENS BODYBUILDING: JOAN BOVINO-- WOMAN OF THE 80's

July 15, 2008 MDTV: NPC USA PREDICTIONS WITH SHAWN RAY, DAVE PALUMBO, FLEX WHEELER, and LONNIE TEPER (part 1-3)

July 14, 2008 NO BULL RADIO: BILL GRANT, KEVIN LEVRONE, JIMMY PELLECHIA

July 10, 2008 RESEARCH AND REVIEW: Serum Enzyme Monitoring in Bodybuilders

July 8, 2008 MDTV: EXIT INTERVIEWS AT THE 2008 HOUSTON PRO

July 7, 2008 NO BULL RADIO: LEO INGRAM, JIMMY PELLECHIA, and DR MAURO DIPASQUALE PART 2

July 3, 2008 MDTV: PRE-CONTEST INTERVIEWS WITH CRAIG RICHARDSON, DARREM CHARLES, DANIELE SECCARECCI, and GIAN ENRICO 1 DAY BEFORE 2008 IFBB HOUSTON PRO

July 2, 2008 M"D" CUP PHOTO GALLERY: AMBER DELUCA-- FREE GALLERY or CLUB MD

July 1, 2008 MDTV: 20 YEAR OLD CANADIAN ANTOINE VAILLANT TRAINS FOR COMPETITION!

June 30, 2008 MDTV: RAMPAGE JACKSON-- AN UNORTHODOX PHOTO SHOOT WITH PER BERNAL

June 30, 2008 NO BULL RADIO: DR MAURO DIPASQUALE and POWERLIFTING CHAMP RYAN KENNELLY

June 29, 2008 PAPARAZZI GALLERY: MUSCLE MANIA 2008 PHOTO GALLERY

June 23, 2008 NO BULL RADIO: SEAN ALLAN, MICHAEL LIBERATORE, and MAD DOG BELL!

June 23, 2008 MDTV: JEFF DWELLE AFTER PLACING 5th HW CLASS at 2008 NPC JR NATIONALS

June 23, 2008 MDTV; ARMON ADIBI AFTER PLACING 3rd LIGHT HW CLASS at 2008 NPC JR NATIONALS

June 22, 2008 MDTV: TODD JEWEL AFTER PLACING 3rd SUPER HW CLASS at 2008 NPC JR NATIONALS

June 22, 2008 MDTV: MICHAEL LIBERATORE AFTER WINNING THE 2008 NPC JR NATIONALS HW CLASS

June 22, 2008 MDTV: DOMINICK DICHIO AFTER PLACING 2nd in MW CLASS at NPC JR NATIONALS

June 22, 2008 MDTV: JULIEANN KULLA AFTER WINNING NPC JR NATIONALS FIGURE OVERALL

June 22, 2008 MDTV: BIG SEAN ALLAN AFTER WINNING NPC JR NATIONALS MENS OVERALL

June 22, 2008 MDTV: AMBER DEFRANCESCO AFTER WINNING NPC JR NATIONAL WOMENS BODYBUILDING

Save

June 22, 2008 MDTV: 2008 NPC JR NATIONALS MENS BODYBUILDING WRAPUP

June 22, 2008 MDTV: 2008 NPC JR NATIONALS WOMEN'S BODYBUILDING WRAPUP

June 21, 2008 MDTV: DOMINICK DICHIO 2 DAYS BEFORE 2008 NPC JR NATIONALS

June 21, 2008 MDTV: DAVID GRATTA 2 DAYS BEFORE 2008 NPC JR NATIONALS

June 21, 2008 MDTV: ARMON ADIBI 2 DAYS BEFORE 2008 NPC JR NATIONALS

June 21, 2008 MDTV: JEFF DWELLE 2 DAYS BEFORE 2008 NPC JR NATIONALS

June 20, 2008 MDTV: TODD JEWELL 2 DAYS BEFORE THE 2008 NPC JR NATIONALS

June 20, 2008 MDTV: MICHAEL LIBERATORE 2 DAYS BEFORE THE 2008 NPC JR NATIONALS

June 20, 2008 MDTV: JEFF LONG 2 DAYS BEFORE THE 2008 NPC JR NATIONALS

June 20, 2008 MDTV: SEAN ALLAN 2 DAYS BEFORE THE 2008 NPC JR NATIONALS

June 17, 2008 RESEARCH AND REVIEW: Low testosterone appears to increase long-term risk of death

June 17, 2008 RESEARCH AND REVIEW: Testosterone replacement benefits older men with low testosterone

June 16, 2008 NO BULL RADIO: LEE PRIEST, CHRISTIAN BOEVING. and KEVIN LEVRONE

June 16, 2008 MDTV: "ON THE ROAD"- JEFF LONG TRAINS, TALKS, and POSES 2 WEEKS OUT FROM 2008 NPC JR NATIONALS

June 14, 2008 MASTERS BODYBUILDING: VICKI NIXON INTERVIEW by LINDA WOOD HOYTE!

June 14, 2008 3rd MHP TEAM MD TRANSFORMATION CHALLENGE LOOKING FOR A FEW GOOD PEOPLE!

June 13, 2008 WOMEN'S BODYBUILDING: "BLAST FROM THE PAST": CHRIS PORTER!

June 12, 2008 MDTV: "IN THE TRENCHES"- CHRIS TUTTLE TRAINS ARMS after winning the 2008 NPC Atlantic States

June 11, 2008 MDTV: "IN THE TRENCHES"- SEAN ALLAN TRAINS AFTER WINNING THE 2008 NPC ATLANTIC STATES

June 10, 2008 MDTV: INTERVIEW WITH SEAN ALLAN AFTER WINNING 2008 NPC ATLANTIC STATES

June 10, 2008 MDTV: INTERVIEW WITH LOIS COLON AFTER WINNING 2008 NPC ATLANTIC STATES WOMENS BODYBUILDING OVERALL

June 10, 2008 MDTV: INTERVIEW WITH CAROLINE HERNANDEZ AFTER WINNING 2008 NPC ATLANTIC STATES FIGURE OVERALL

June 10, 2008 MDTV: INTERVIEW WITH DURLAN CASTRO AFTER WINNING 2008 NPC ATLANTIC STATES MASTERS OVERALL

June 9, 2008 NO BULL RADIO: CORY EVERSON, LENDA MURRAY, and CARLA DUNLAP

June 4, 2008 MDTV: DAVE PALUMBO INTERVIEWS THE MD WHACK PACK AT THE MOVIE PREMIER OF "BIGGER, STRONGER, FASTER"

June 3, 2008 MDTV: PER BERNAL PHOTOGRAPHS the SIZZLIN' JENNIFER NICOLE LEE

June 2, 2008 NO BULL RADIO: "BIGGER, STRONGER. FASTER's" CHRIS BELL, CRAIG RICHARDSON, and GREGG VALENTINO

June 1, 2008 MDTV: INTERVIEW WITH JASON ZEHEL AFTER WINNING THE 2008 NPC LONG ISLAND MEN'S OVERALL

June 1, 2008 MDTV: INTERVIEW WITH MELISSA DIBERNARDO AFTER WINNING THE 2008 NPC LONG ISLAND FIGURE OVERALL

June 1, 2008 NPC LONG ISLAND PAPARAZZI PHOTOS

May 30, 2008 M"D" CUP PHOTO GALLERY: LOVELY LORETTA LYNN-- FREE GALLERY or CLUB MD GALLERY

May 28, 2008 BREAKING NEWS: Many men with low testosterone levels do not receive treatment

May 28, 2008 MDTV: POSING ROUTINES FROM THE 2008 IFBB NEW YORK PRO SHOW

May 27, 2008 RESEARCH AND REVIEW:  
Low Circulating IGF-I Bioactivity in Elderly Men is associated with Increased Mortality

May 24, 2008 PAPARAZZI PHOTOS: 2008 NPC GULF COAST CHAMPIONSHIPS

May 22, 2008 MDTV: "IN THE TRENCHES" with JEFF OLCSVARY-- IN DEPTH DISCUSSION ON LEG TRAINING  
(PARTS 1-5)

May 21, 2008 MDTV: 2008 NPC JR USA MEN'S BODYBUILDING WRAPUP WITH GEORGE FARAH AND DAVE  
PALUMBO

May 21, 2008 MDTV: 2008 NPC JR USA WOMEN'S BODYBUILDING WRAPUP WITH DAVE PALUMBO AND COLETTE NELSON

May 21, 2008 MDTV: COLETTE NELSON'S POSING ROUTINE FROM THE 2008 IFBB NEW YORK PRO SHOW

May 20, 2008 MDTV: JR USA EXIT INTERVIEWS with CEDRIC MCMILLAN, JEN COWAN, JESSICA LYONS, and Lenayher Hernandez

May 19, 2008 NO BULL RADIO: VICTOR MARTINEZ, WILL BRINK, and DAYANA CADEAU

May 19, 2008 RESEARCH AND REVIEW: Testosterone & Estrogen Increases Satellite Cell Activity

May 18, 2008 RESEARCH AND REVIEW: Melatonin Reduces Acute Mental Stress and Reduces Blood Coagulation

May 16, 2008 MDTV; SUPER HEAVYWEIGHT CEDRIC MCMILLAN 1 DAY BEFORE THE 2008 NPC JR USA

May 16, 2008 MDTV: MICHAEL ELGAWLY INTERVIEW 1 DAY BEFORE 2008 NPC JR USA

May 16, 2008 MDTV: BILLY MORITZ INTERVIEW 1 DAY BEFORE 2008 NPC JR USA

May 16, 2008 MDTV: JASON ARNTZ'S POSING ROUTINE FROM 2008 NY PRO SHOW

May 16, 2008 MDTV: TRICKY JACKSON'S POSING ROUTINE FROM 2008 NY PRO SHOW

May 16, 2008 MDTV: LOU JOSEPH'S POSING ROUTINE FROM 2008 NY PRO SHOW

May 15, 2008 MDTV: DAVID HENRY'S POSING ROUTINE FROM 2008 NY PRO SHOW

May 15, 2008 MDTV: CHARLES DIXON'S POSING ROUTINE FROM 2008 NY PRO SHOW

May 15, 2008 MDTV: DAVE PALUMBO INTERVIEWS TRES BENNETT 2 DAYS BEFORE THE 2008 NPC JR USA

May 13, 2008 RESEARCH AND REVIEW: Can Excess GH and IGF-1 Cause Hypertension?

May 12, 2008 RESEARCH AND REVIEW:  
Garlic Extract Reduces Exercise Induced Muscle Damage and Enhances Anti-Oxidant Capacity

May 12, 2008 MDTV: 2008 IFBB NEW YORK PRO MENS UNDER 202 CLASS WRAPUP WITH FLEX, SHAWN, and DAVE

Msy 12, 2008 MDTV: 2008 IFBB NEW YORK PRO OPEN MENS WRAPUP WITH FLEX, SHAWN, and DAVE

May 12, 2008 RESEARCH AND REVIEW:  
Getting Sloshed Increases Catabolic Genes

May 11, 2008 MDTV: DAVE PALUMBO INTERVIEWS 2008 NY PRO OVERALL WOMENS BODYBUILDING  
CHAMPION CATHY LEFRANCOIS

May 11, 2008 MDTV: FLEX WHEELER INTERVIEWS UNDER 202 NEW YORK PRO WINNER KEVIN ENGLISH

May 11, 2008 MDTV: FLEX WHEELER INTERVIEWS KAI GREENE AFTER WINNING THE 2008 NEW YORK PRO  
SHOW

May 11, 2008 MDTV: KAI GREENE'S POSING ROUTINE at 2008 NEW YORK PRO SHOW

May 10, 2008 MDTV: NEW YORK PRO PREGAME SHOW WITH FLEX WHEELER AND DAVE PALUMBO

May 10, 2008 MDTV: INTERVIEW WITH GUEST POSER EVAN CENTOPANI AT THE JAY CUTLER NEW ENGLAND CHAMPIONSHIPS

May 10, 2008 MDTV: DAVID HENRY BEING INTERVIEWED BY DAVE PALUMBO THE NIGHT BEFORE the 2008 NY PRO SHOW

May 10, 2008 MDTV: BEN WHITE PREDICTS VICTORY AT THE NEW YORK PRO SHOW!

May 9, 2008 MDTV: LOU JOSEPH POSES FOR DAVE PALUMBO 3 DAYS OUT FROM 2008 NY PRO SHOW

May 8, 2008 MDTV: "IN THE TRENCHES"- LOU JOSEPH A FEW DAYS BEFORE 2008 NY PRO

May 8, 2008 MDTV: JAY CUTLER and EVAN CENTOPANI GUEST POSE AT THE 2008 NPC JAY CUTLER NEW ENGLAND CHAMPIONSHIPS

May 8, 2008 MDTV: INTERVIEWS WITH WINNERS OF 2008 NPC JAY CUTLER NEW ENGLAND CHAMPIONSHIPS

May 7, 2008 MDTV: EUGENE MISHIN POSING 4 days out from NEW YORK PRO!

May 5, 2008 NO BULL RADIO: VIC RICHARDS, STEVE WEINBERGER, and MICHAEL ZUMPANO PART 3

May 2, 2008 MDTV: GETTING RIPPED WITH UFC FIGHTER GEORGES ST-PIERRE

May 1, 2008 MDTV: "ON THE ROAD WITH DAVE PALUMBO"-- BEN WHITE LIFESTYLE!

May 1, 2008 MDTV: "IN THE TRENCHES"--EUGENE MISHIN TRAINS SHOULDERS 5 WEEKS OUT FROM THE 2008 NY PRO SHOW

April 29, 2008 M"D" CUP PHOTO GALLERY: WENDY RIDER-- FREE GALLERY .....or CLUB MD GALLERY

April 28, 2008 NO BULL RADIO: RORY LEIDELMEYER and MICHAEL ZUMPANO PART 2

April 27, 2008 2nd MHP TRANSFORMATION CHALLENGE ENDS

April 24, 2008 RESEARCH AND REVIEW: GH Increases Mitochondria Activity

April 24, 2008 RESEARCH AND REVIEW:  
Leucine Stimulates Satellite Cells

April 24, 2008 MDTV: TRANSFORMATION-2 TIP OF THE WEEK #16: PULL UPS

April 21, 2008 RESEARCH AND REVIEW:  
Macadamia Nuts Rich Reduce Total Cholesterol and LDL Cholesterol

April 21, 2008 NO BULL RADIO: KAI GREENE, BRIAN MOSS, and MICHAEL ZUMPANO PART 1

April 21, 2008 MDTV: INTERVIEW WITH SHAWN CASEY AFTER WINNING THE 2008 NPC EMERALD CUP MIDDLEWEIGHT CLASS

April 20, 2008 RESEARCH AND REVIEW:  
Disturbed Sleep with Aging May be related to Testosterone

April 19, 2008 MDTV: "IN THE TRENCHES"- JOHN DELAROSA and ARMANDO PENA TRAIN SHOULDERS

April 18, 2008 RESEARCH AND REVIEW: Vascular Occlusion Training May Not Be Applicable In Real World

April 17, 2008 RESEARCH AND REVIEW: Testosterone Makes You Quick Draw McGraw?

April 17, 2008 RESEARCH AND REVIEW: Oral carnitine supplementation does not increase skeletal muscle carnitine content

April 16, 2008 MDTV: MHP TRANSFORMATION-2 TIP OF THE WEEK #15: TIBIALIS ANTERIOR RAISES

April 16, 2008 MDTV: "IN THE TRENCHES" with COLETTE NELSON 5 WEEKS OUT FROM THE 2008 IFBB PRO SHOW

April 16, 2008 RESEARCH AND REVIEW: Artichoke extract Increases Fat Oxidation

April 15, 2008 RESEARCH AND REVIEW: How Much Water Do We Really Need

April 15, 2008 MDTV: "IN THE TRENCHES" with KAI GREENE 5 WEEKS OUT FROM THE 2008 IFBB NY PRO

April 14, 2008 NO BULL RADIO: DAYANA CADEAU, SHAWN RAY, and GREG KOVACS PART 2

April 14, 2008 MDTV: DAVE PALUMBO INTERVIEWS VICTOR MARTINEZ WHILE HANGING OUT AT THE 2008 NPC NY METROPOLITANS

April 14, 2008 MDTV: DAVE PALUMBO INTERVIEWS CHRIS LECOMTE AFTER WINNING 2008 NPC NY METROPOLITANS

April 14, 2008 MDTV: DAVE PALUMBO INTERVIEWS HEIDI FLETCHER AFTER WINNING 2008 IFBB NY PRO FITNESS CHAMPIONSHIPS

April 14, 2008 MDTV: DAVE PALUMBO INTERVIEWS LORIANNE SIRIANI AFTER WINNING FIGURE OVERALL AT 2008 NPC NY METROPOLITANS

April 9, 2008 RESEARCH AND REVIEW: Testosterone Reduces NO Oxide Inhibiting Protein

April 8, 2008 RESEARCH AND REVIEW; Maximal Tension Increases MGF and IGF-1 more than Ballistic Exercise

April 7, 2008 RESEARCH AND REVIEW:  
Eccentric Exercise Increases Genes for Inflammation

April 7, 2008 NO BULL RADIO: JOHN BROWN and BARBARIAN DAVID PAUL

April 6, 2008 RESEARCH AND REVIEW:  
Testosterone Undecanoate Reverses Metabolic Syndrome

April 5, 2008 RESEARCH AND REVIEW:  
Long-term enhancement of skeletal muscle mass and strength by single gene administration of myostatin

April 4, 2008 RESEARCH AND REVIEW:  
High Omega-3 Fat Intake Improves Insulin Sensitivity and Reduces CRP but Reduces IL6

April 3, 2008 MDTV: TRANSFORMATION TIP-2 OF THE WEEK #14: SEATED DUMBBELL PRESSES-- JEFF SPICOLI  
G

April 3, 2008 RESEARCH AND REVIEW: WHEY PROTEIN INCREASES FAT LOSS and SPARES LEAN MUSCLE IN ELDERLY

April 2, 3008 MDTV: 2008 MD CYBER CLASSIC CHAMP EDUARDO CORREA

April 1, 2008 MDTV: SHAWN RAY INTERVIEWS 2007 NPC BANTAMWEIGHT CHAMP DAVID CANDY

March 31, 2008 NO BULL RADIO: TRIPLE H, HANY RAMBOD, and GREG KOVACS PART 1

March 26, 2008 MDTV: TRANSFORMATION TIP-2 OF THE WEEK #13- FOREARMS

March 24, 2008 NO BULL RADIO: LEE PRIEST, DR FRED PESCATORE, and BILL LLWELLYN

March 19, 2008 MDTV: MHP TRANSFORMATION-2 TIP OF THE WEEK #12- LEG PRESSES

March 19, 2008 MDTV: JOHN ROMANO'S ADVENTURES IN PLASTIC SURGERY WITH DR BLAU PART 2 of 2

March 17, 2008 NO BULL RADIO: UDO ERASMUS, BILL LLEWELLYN, and TONY DOHERTY

March 15, 2008 MDTV: JOHN ROMANO'S ADVENTURES IN PLASTIC SURGERY WITH DR MORCAI BLAU PART 1 of 2

March 14, 2008 MDTV: MHP TRANSFORMATION-2 TIP OF THE WEEK #11-- SEATED ONE ARM BICEPS PREACHER CURLS

March 13, 2008 M"D" CUP PHOTO GALLERY: MELISSA FROIO RETURNS-- FREE GALLERY or CLUB MD GALLERY

March 13, 2008 MDTV: SHAWN RAY INTERVIEWS RONNIE ROCKEL AT 2008 ARNOLD CLASSIC

March 13, 2008 MDTV: SHAWN RAY INTERVIEWS DAVID HENRY AT 2008 ARNOLD CLASSIC

March 13, 2008 MDTV: GREGG VALENTINO INTERVIEWS SUPERHEAVYWEIGHT COMPETITOR TODD JEWEL AT 2008 ARNOLD EXPO

March 12, 2008 MDTV: GREGG VALENTINO INTERVIEWS BRIAN SIDERS AT 2008 ARNOLD EXPO

March 12, 2008 MDTV: SHAWN RAY INTERVIEWS MOE ELMOUSSAWI AT 2008 ARNOLD CLASSIC

March 12, 2008 MDTV: GREGG VALENTINO INTERVIEWS THE CROWD AT THE 2008 ARNOLD EXPO

March 11, 2008 MDTV: DAVE PALUMBO INTERVIEWS DENNIS WOLF AT THE 2008 ARNOLD EXPO

March 10, 2008 NO BULL RADIO: LEE LABRADA, HEATHER POLICKY, and TONY DOHERTY

March 10, 2008 MDTV: SHAWN RAY INTERVIEWS FORMER ARNOLD CLASSIC CHAMP, MIKE ASHLEY AT 2008 ARNOLD

March 9, 2008 MDTV: SHAWN RAY INTERVIEWS 1ST ARNOLD CLASSIC CHAMP, RICH GASPARI AT 2008 ARNOLD

March 9, 2008 MDTV: SHAWN RAY INTERVIEWS PAST ARNOLD CHAMP MIKE FRANCOIS AT 2008 ARNOLD

March 9, 2008 MDTV: DAVE PALUMBO INTERVIEWS VICTOR MARTINEZ AT THE 2008 ARNOLD EXPO

March 9, 2008 MDTV: GREGG VALENTINO INTERVIEWS DR CARLON COLKER AT 2008 ARNOLD EXPO

March 9, 2008 MDTV: JOHN ROMANO INTERVIEWS CHRISTIAN BOEVING AT 2008 ARNOLD EXPO

March 9, 2008 MDTV: MUSCLE MOB WRAPUP of 2008 ARNOLD CLASSIC

March 8, 2008 MDTV: RICHARD HERON DEMONSTRATING MUEY TAI STRIKING ON HIMSELF at METROFLEX GYM

March 8, 2008 MDTV: DAVID PAUL'S ARTISTIC PERSPECTIVE ON THE ARNOLD CLASSIC

March 7, 2008 MDTV: MD GONG SHOW-- ARNOLD IMPERSONATORS

March 7, 2008 MDTV: STEVE BLECHMAN DOES PUSHUPS WITH MD BOOTH GIRL and ARNOLD AMATEUR FITNESS OVERALL CHAMP ALLISON ETHIER ON HIS BACK

March 7, 2008 MDTV: LAUREN POWERS INTERVIEWS AMERICAN GLADIATORS' DON "WOLF" YATES AT 2008 ARNOLD

March 7, 2008 MDTV: LAUREN POWERS INTERVIEWS IFBB PRO TAZZIE COLUMB AT 2008 ARNOLD EXPO

March 7, 2008 MDTV: LAUREN POWERS INTERVIEWS 8X MR OLYMPIA RONNIE COLEMAN AT 2008 ARNOLD

March 6, 2008 MDTV: "MD AFTER DARK"-- MR G WRESTLES THE WORLD MIDGET WRESTLING CHAMPION, "THE LITTLE NASTY"

March 6, 2008 MDTV: DAVE PALUMBO INTERVIEWS THE TRAINER OF CHAMPIONS CHARLES GLASS

March 6, 2008 MDTV: DAVE PALUMBO INTERVIEWS MONICA BRANT AT THE 2008 ARNOLD EXPO

March 6, 2008 MDTV: FLEX WHEELER INTERVIEWS MOE ELMOUSSAWI AT THE 2008 ARNOLD

March 6, 2008 MDTV: DAVE PALUMBO INTERVIEWS WRESTLING SUPERSTAR TRIPLE H

March 5, 2008 MDTV: FLEX WHEELER INTERVIEWS 1990 ARNOLD CLASSIC CHAMP MIKE ASHLEY

March 5, 2008 MDTV: FLEX WHEELER INTERVIEWS JM MANION AT 2008 ARNOLD CLASSIC

March 5, 2008 MDTV: FLEX WHEELER INTERVIEWS AD CHERRY AT 2008 ARNOLD CLASSIC

March 3, 2008 NO BULL RADIO: DEXTER JACKSON, SHAWN RAY, FLEX WHEELER, and MANY MORE

March 2, 2008 MDTV: POST SHOW WRAPUPS and INTERVIEWS AT THE ARNOLD CLASSIC

February 29, 2008 MDTV: SNEAK PREVIEW- FLEX WHEELER INTERVIEWS DEXTER JACKSON and BRANCH WARREN the NIGHT BEFORE THE ARNOLD PREJUDGING

February 29, 2008 MDTV: MUSCLE MOB WEEKEND PREVIEW

February 29, 2008 MDTV: FLEX WHEELER AT THE 2008 ARNOLD CLASSIC COMPETITORS MEETING

February 28, 2008 MDTV: TRANSFORMATION TIP-2 OF THE WEEK #10: HYPEREXTENSIONS

February 25, 2008 MDTV: ON THE ROAD WITH DAVE PALUMBO: IN SEARCH OF DEXTER JACKSON Part 2 of 2

February 25, 2008 NO BULL RADIO: DEXTER JACSKON, KAI GREENE, VICTOR MARTINEZ, BRANCH WARREN, KRISSY CHIN, and JIMMY PELLECHIA

February 24, 2008 MDTV: ON THE ROAD WITH DAVE PALUMBO: IN SEARCH OF DEXTER JACKSON Part 1 of 2

February 23, 2008 MDTV: ON THE ROAD WITH DAVE PALUMBO: BRANCH WARREN- THE PEOPLE'S CHAMP (Part 2 of 3)

February 23, 2008 MDTV: ON THE ROAD WITH DAVE PALUMBO: BRANCH WARREN- THE PEOPLE'S CHAMP (Part 2 of 3)

February 22, 2008 MDTV: ON THE ROAD WITH DAVE PALUMBO: BRANCH WARREN- THE PEOPLE'S CHAMP (part 1 of 3)

February 21, 2008 MDTV: MHP TRANSFORMATION-2 TIP OF THE WEEK #9: ONE ARM HAMMER STRENGTH ROWS

February 21, 2008 MDTV: SHAWN RAY, FLEX WHEELER, and DAVE PALUMBO PREVIEW THE 2008 ARNOLD CLASSIC

February 20, 2008 MDTV: SHAWN RAY INTERVIEWS "THE SWAMI" LONNIE TEPER and LEE PRIEST AFTER THE IRONMAN PRO PREJUDGING

February 18, 2008 NO BULL RADIO: SHAWN RAY, FLEX WHEELER, and KENNY JONES

February 17, 2008 MDTV: 2008 IRONMAN PRO FINAL WRAPUP with FLEX WHEELER, SHAWN RAY, and DAVE PALUMBO

February 15, 2008 MDTV: 2008 IRONMAN PRO WEIGH IN (PART 1-3)

February 15, 2008 MDTV: PHIL HEATH AT 2008 IRONMAN PRO WEIGH IN

February 15, 2008 MDTV: 2008 IRONMAN PRO PREVIEW WITH JEROME FERGUSON

February 15, 2008 MDTV: DESMOND MILLER 2 DAYS OUT FROM THE 2008 IRONMAN

February 13, 2008 MDTV: TRANSFORMATION-2 TIP OF THE WEEK #8: INCLINE SMITH MACHINE PRESSES

February 12, 2008 MDTV: ON THE ROAD WITH DAVE PALUMBO-- KAI GREENE HUNGRY FOR THE WIN! (Part 1-2)

February 11, 2008 NO BULL RADIO: TROY ALVES, TROY ZUCCOLOTTO, AND SHAWN RAY

February 9, 2008 MDTV: GREGG VALENTINO and DAVE PALUMBO AT DOC'S NUTRITION IN CARMEL, NY

February 9, 2008 MDTV: 2008 ARNOLD FITNESS WEEKEND SNEAK PREVIEW

February 8, 2008 MDTV: MHP TRANSFORMATION-2 TIP OF THE WEEK #7: DEADLIFTS

February 6, 2008 MDTV: BRANDON RAY-- A VICTIM OF RACISM

February 4, 2008 NO BULL RADIO: LEE PRIEST, BRANCH WARREN, and AUTHOR L. REA

February 4, 2008 RESEARCH AND REVIEW ARTICLE: VITAMIN C MAY HAMPER ADAPTATION TO EXERCISE

February 3, 2008 MDTV: FRANK MIR DEFEATS BROCK LESNAR (DAVID PAUL PHOTO MONTAGE)

January 31, 2008 MDTV: "IN THE TRENCHES" WITH LEO PACHECO AND ARMANDO PENA TRAINING CHEST and TRICEPS 1 DAY AFTER THE 2007 NPC EASTERN USA (part 1-4)

January 30, 2008 MDTV: MHP TRANSFORMATION TIP OF THE WEEK #6: BENT OVER BARBELL ROWS

January 30, 2008 M"D" CUP PHOTO GALLERY: FANTASTIC FELICIA! FREE GALLERY or CLUB MD GALLERY

January 28, 2008 NO BULL RADIO: DAYANA CADEAU, BEN WHITE, BILL LLEWELLYN, and JIMMY PELLECHIA

January 22, 2008 MDTV: VICTOR MARTINEZ EXCLUSIVE POST-SURGERY INTERVIEW!

January 21, 2008 NO BULL RADIO: MIKE QUINN, DR VICTOR PRISK, and JIMMY "THE ANGRY BULL" PELLECHIA

January 19, 2008 MDTV: NPC USA 25-YEAR RETROSPECTIVE WITH STEVE WENNERSTROM and DAVE PALUMBO (Part 1-7)

January 19, 2008 MDTV: TRANSFORMATION-2 TIP OF THE WEEK #5: ONE ARM CABLE FRONT RAISES

January 18, 2008 MDTV; "IN THE TRENCHES"- JOHN AND WILLIAM DELAROSA TRAIN CHEST AFTER THE 2007 NPC EASTERN USA (Part 1-4)

January 17, 2008 MDTV: JIMMY "THE ANGRY BULL" PELLECHIA: VINTAGE FOOTAGE OF INSANE LIFTS, MOVIE CLIPS, AND MARTIAL ARTS (PART 1)

January 15, 2008 MDTV: "IN THE TRENCHES"- MONTY ROGERS TRAINS LEGS IN THE OFFSEASON (part 1-9)

January 14, 2008 NO BULL RADIO: CHAD NICHOLS AND KIM CHIZEVSKY

January 14, 2007 FEMALE MUSCLE PHOTO GALLERY-- IFBB PRO KRISTY HAWKINS! FREE GALLERY or CLUB MD GALLERY

January 13, 2008 FIGURE/FITNESS PHOTO GALLERY-- IFBB PRO CATHERINE ANDERSON! FREE GALLERY or CLUB MD GALLERY

January 12, 2008 FIGURE/FITNESS PHOTO GALLERY-- CURVACEOUS CELESTE! FREE GALLERY or CLUB MD GALLERY

January 12, 2008 MDTV: MHP TRANSFORMATION-2 TIP OF THE WEEK #4: ONE ARM CABLE TRICEP PUSHDOWNS

January 9, 2008 MDTV: SUPER FREAK OF THE WEEK #1: JEFF OLCSVARY

January 7, 2008 NO BULL RADIO: JOSE CANSECO and RICH GASPARI

January 6, 2008 MDTV: IFBB PRO LINDA WOOD-HOYTE'S 65th BIRTHDAY AT BEV FRANCIS POWERHOUSE GYM

January 1, 2008 MDTV: TRANSFORMATION 2 TIP OF THE WEEK #3: HAMMER INCLINE BENCH PRESSES

December 31, 2007 M"D" CUP: LAURIE STEELE PHOTOS-- FREE GALLERY or CLUB MD VIP GALLERY

December 29, 2007 MDTV: "IN THE TRENCHES"- DR VICTOR PRISK AND TIMMY CASCADDEN TRAIN CHEST

December 28, 2007 MDTV: MHP TRANSFORMATION TIP OF THE WEEK #2: MACHINE SIDE LATERAL RAISES

December 26, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO  
PART 11 of 12

December 25, 2007 BLAST FROM THE PAST: 1989 IFBB WOMENS WORLD AMATEUR BODYBUILDING  
CHAMPIONSHIPS-- PHOTO GALLERY and FULL CONTEST REPORT (by STEVE WENNERSTROM)

December 19, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO  
PART 10 of 12

December 19, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO  
PART 9 of 12

December 19, 2007 MDTV: MHP TEAM MD TRANSFORMATION 2 TIP OF THE WEEK #1: MACHINE PEC FLYES

December 18, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO  
PART 8 of 12

December 17, 2007 NO BULL RADIO: CHARLES GLASS, SHAWN RAY, and the 2007 ANNUAL MUSCLE MOB AWARDS

December 17, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO PART 7 of 12

December 16, 2007 MDTV: "IN THE TRENCHES"- GILBERTO MUNDO TRAINS CHEST AFTER WINNING THE 2007 NPC EASTERN USA- ( Parts 1-3)

December 10, 2007 NO BULL RADIO: BRANCH WARREN, KAI GREENE, and MHP's GERARD DENTE

December 9, 2007 MDTV: IN THE TRENCHES-- AUTHOR L REA and TROY JOHNSON TRAIN BACK-- Part 1-7

December 8, 2007 MDTV: IN THE TRENCHES-- VENOM GIRLS TRAIN LEGS -- Part 1-7

December 4, 2007 FITNESS/FIGURE PHOTO GALLERY: ROSA-MARIA ROMERO- AUSTRALIAN FIGURE CHAMPION

December 4, 2007 MDTV: ALRI VENOM GIRLS KRISSY, PIA, and LARISSA TRAIN LEGS

December 4, 2007 NO BULL RADIO: KEVIN LEVRONE, NY STATE NARCOTICS AGENT MARK HASKINS, and MR G

December 4, 2007 M"D" CUP: LYNN MCCROSSIN-- FREE GALLERY or CLUB MD GALLERY

December 3, 2007 NPC EXCALIBUR PAPARAZZI PHOTO GALLERY BY MIKE YURKOVIC

November 26, 2007 NO BULL RADIO: ADORTHUS CHERRY, KRISTY HAWKINS, and JIMMY "THE IRON BULL" PELLECHIA

November 26, 2007 INJURIES/PREVENTION: KISS THAT BACK PAIN AWAY!

November 25, 2007 MDTV: SHAWN RAY INTERVIEWS VICTOR MARTINEZ AT THE 2007 NPC NATIONALS

November 19, 2007 NO BULL RADIO: EVAN CENTOPANI, SHAWN RAY, and FLEX WHEELER

November 19, 2007 MDTV: SHAWN RAY INTERVIEWS 8x MR OLYMPIA LEE HANEY AT THE 2007 NPC NATIONALS

November 19, 2007 MDTV: SHAWN RAY INTERVIEWS DAVE PALUMBO PRIOR TO THE 2007 NPC NATIONALS EVENING FINALS

November 18, 2007 MDTV: VICTOR MARTINEZ SPEAKING WITH SHAWN RAY OUTSIDE THE 2007 NPC NATIONALS

November 18, 2007 MDTV: TREY BREWER HANGING WITH SHAWN RAY AT THE 2007 NPC NATIONALS

November 18, 2007 MDTV: NPC WOMENS BODYBUILDING NATIONALS POST-SHOW WRAP-UP WITH DAVE PALUMBO and STEVE WENNERSTROM

November 18, 2007 MDTV: KRISTY HAWKINS AFTER WINNING THE 2007 NPC NATIONALS OVERALL CHAMPIONSHIP

November 18, 2007 MDTV: NPC NATIONALS FINALS POST SHOW WRAPUP WITH FLEX WHEELER, DAVE PALUMBO, and STEVE BLECHMAN

November 18,2007 MDTV: FLEX WHEELER INTERVIEWS EVAN CENTPANI AFTER WINNING THE 2007 NPC NATIONALS

November 17, 2007 MDTV: NPC NATIONALS PREJUDGING POST SHOW WRAPUP WITH FLEX WHEELER, SHAWN RAY, and DAVE PALUMBO

November 16, 2007 MDTV: ALEX AZARIAN IN THE HOTEL ROOM THE NIGHT BEFORE THE 2007 NPC NATIONALS PREJUDGING

November 16, 2007 MDTV: VICTOR DEL CAMPO IN THE HOTEL ROOM THE NIGHT BEFORE THE 2007 NPC NATIONALS PREJUDGING

November 16, 2007 MDTV: JEFF OLCSVARY IN THE HOTEL ROOM THE NIGHT BEFORE THE 2007 NPC NATIONALS PREJUDGING

November 16, 2007 MDTV: EVAN CENTOPANI IN THE HOTEL ROOM THE NIGHT BEFORE THE 2007 NPC NATIONALS PREJUDGING

November 16, 2007 MDTV: 2007 NPC NATIONALS PRE GAME PREDICTION SHOW WITH DAVE PALUMBO

November 15, 2007 MDTV: MUSCLE MEALS WITH EVAN CENTOPANI, GUY CISTERNINO, and DAVE PALUMBO: PART 1-6

November 14, 2007 MDTV: CHARLES DIXON TRAINS EVERYTHING 4 DAYS OUT FROM THE 2007 NPC NATIONALS

November 14, 2007 MDTV: EVAN CENTOPANI POSING FOR DAVE PALUMBO at ONE WEEK OUT FROM THE 2007 NPC NATIONALS

November 14, 2007 MDTV: "IN THE TRENCHES" WITH EVAN CENTOPANI AND GUY CISTERNINO TRAINING SHOULDERS 1 WEEK OUT FROM 2007 NPC NATIONALS

November 14, 2007 MDTV: "IN THE TRENCHES" WITH EVAN CENTOPANI AND GUY CISTERNINO TRAINING BACK 1 WEEK OUT FROM 2007 NPC NATIONALS

November 13, 2007 MDTV ROCK HARD MUSIC OPERA: "BLOW BY BLOW": UNAUTHORIZED OLYMPIA- PART 4: ONE STEP OVER THE LINE

November 13, 2007 MDTV ROCK HARD MUSIC OPERA: "BLOW BY BLOW": UNAUTHORIZED OLYMPIA- PART 3: ARE YOU BLIND?

November 13, 2007 MDTV: INTERVIEW WITH GILBERTO MUNDO AT 2007 EASTERN USA

November 13, 2007 MDTV: INTERVIEW WITH STEVE WEINBERGER AT 2007 EASTERN USA

November 13, 2007 MDTV: INTERVIEW WITH KAI GREENE AT 2007 EASTERN USA

November 13, 2007 MDTV: INTERVIEW WITH MR G AT 2007 EASTERN USA

November 13, 2007 MDTV: INTERVIEW WITH NPC PRESIDENT JIM MANION AT 2007 EASTERN USA

November 12, 2007 NO BULL RADIO: VICTOR MARTINEZ, STEVE ZINN, and DR SCOTT CONNELLY PART IV

November 11, 2007 NPC EASTERN USA PAPARAZZI PHOTO GALLERY

November 8, 2007 FITNESS/FIGURE PHOTO GALLERY: TERRI JETT! [FREE GALLERY](#) or [CLUB MD GALLERY](#)

November 7, 2007 FEMALE MUSCLE PHOTO GALLERY: STAR BLAYLOCK!! [FREE GALLERY](#) or [CLUB MD GALLERY](#)

November 5, 2007 NO BULL RADIO: EVAN CENTOPANI, JIMMY "IRON BULL" PELLECHIA, and DR SCOTT CONNELLY PART III

October 31, 2007 FEMALE MUSCLE PHOTO GALLERY: NICOLE BALL at the 2007 OLYMPIA-- [FREE GALLERY](#) or [FULL CLUB MD GALLERY](#)

October 31, 2007 M"D" CUP PHOTO GALLERY: MALISSA -- [FREE GALLERY](#) or [FULL CLUB MD GALLERY](#)

October 30, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO PART 6 of 12

October 30, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO

PART 5 of 12

October 30, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO  
PART 4 of 12

October 29, 2007 David Paul's MDTV ROCK HARD Music Opera; UNAUTHORIZED OLYMPIA PART II: BLOW BY  
BLOW

October 29, 2007 NO BULL RADIO: SHAWN RAY, GREGG VALENTINO, and DR SCOTT CONNELLY PART II

October 26, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO  
PART 3 of 12

October 26, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO  
PART 2 of 12

October 26, 2007 MDTV: NPC NATIONALS 25-YEAR RETROSPECTIVE WITH JM MANION AND DAVE PALUMBO

PART 1 of 12

October 23, 2007 1½ MDTV: THE 2007 OLYMPIA THROUGH THE EYES OF FLEX WHEELER-- PART 1 ½

October 22, 2007 NO BULL RADIO: SCOTT CONNELLY, STEROID NATION'S SHAUN ASSAEL, and ERIC BROSER

October 19, 2007 MDTV: "IN THE TRENCHES" TRAINING LEGS WITH ERIK "THE HOUSE" FANKHOUSER- (PART 1-7)

October 15, 2007 NO BULL RADIO: DENNIS WOLF, RICH GASPARI, and HYPNOTIST PETE SIEGEL

October 15, 2007 MENS BODYBUILDING PHOTO GALLERY; BIG BAD DENNIS WOLF!!!!.... FREE GALLERY .....or CLUB MD GALLERY

October 14, 2007 MDTV: PHOTOSHOOT WITH MARKUS RUHL AND DENNIS WOLF THE DAY AFTER THE 2007 MR OLYMPIA

October 14, 2007 MDTV: FLEX WHEELER INTERVIEW DEXTER JACKSON THE DAY AFTER THE 2007 MR OLYMPIA (at his photoshoot)

October 14, 2007 MDTV: FLEX WHEELER INTERVIEWS MELVIN ANTHONY THE DAY AFTER THE 2007 MR OLYMPIA (at his photoshoot)

October 13, 2007 DAVID PAUL'S MDTV ROCK HARD: NATURAL BORN KILLERS

October 13, 2007 MDTV: THE RAMBLIN' FREAK REALITY SERIES: THE LIFE AND TIMES OF GREGG VALENTINO

October 12, 2007 PERFORMANCE NUTRITION: HIGH LEUCINE INTAKE PREVENTS FAT ACCUMULATION AND LOWERS BLOOD LIPIDS

October 12, 2007 PERFORMANCE NUTRITION: POST EXERCISE CARB INGESTION AND MUSCLE ANABOLISM

October 12, 2007 PERFORMANCE NUTRITION: CREATINE MYTHS REFUTED

October 12, 2007 PERFORMANCE NUTRITION: BETA ALANINE SCORES AGAIN

October 11, 2007 IFBB AUSTRALIAN FIGURE PRO ARINA MANTA PHOTO GALLERY: FREE GALLERY .... or CLUB MD GALLERY

October 11, 2007 IFBB BRAZILIAN FIGURE PRO LARISSA REIS PHOTO GALLERY: FREE GALLERY ..... or CLUB MD GALLERY

October 11, 2007 MDTV ROCK HARD MUSIC VIDEO: "BLOW BY BLOW": UNAUTHORIZED OLYMPIA- PART 1: TRIBUTE TO RONNIE COLEMAN

October 10, 2007 MDTV: DAVE PALUMBO INTERVIEWS A MASSIVE TREY BREWER AT THE 2007 OLYMPIA

October 10, 2007 MDTV: FLEX WHEELER INTERVIEWS MELVIN ANTHONY AND DENNIS WOLF AFTER 2007 OLYMPIA

October 9, 2007 MDTV: FLEX WHEELER INTERVIEWS MD OWNER STEVE BLECHMAN

October 9, 2007 MDTV: FLEX WHEELER INTERVIEWS CHAD NICHOLLS AND KIM CHIZEVSKY AFTER THE 2007 MR OLYMPIA

October 9, 2007 MDTV: FLEX WHEELER INTERVIEWS CHARLES GLASS AFTER THE 2007 MR OLYMPIA

October 8, 2007 NO BULL RADIO: VICTOR MARTINEZ, MS OLYMPIA IRIS KYLE, and BALCO's VICTOR CONTE

October 8, 2007 NPC BROOKLYN CHAMPIONSHIPS PAPARAZZI PHOTOS!

October 7, 2007 MDTV: BUFF CALENDAR GIRLS GET MARRIED TO THE MUSCLE MOB AT 2007 OLYMPIA EXPO

October 6, 2007 MDTV: VICTOR MARTINEZ, KAI GREENE, and EUGENE MISHIN GUEST POSE AT 2007 NPC

BROOKLYN CHAMPIONSHIPS

October 2, 2007 MDTV: BILLY GUNS VS VINCE "THE MILKMAN" GOODRUM IN THE POSEDOWN OF THE CENTURY

October 1, 2007 NO BULL RADIO: FLEX WHEELER and STEVE WEINBERGER

September 30, 2007 OLYMPIA EXPO PAPARAZZI PHOTOS

September 28, 2007 MDTV: THE MUSCLE MOB WRAPS UP THE MENS OLYMPIA FINALS

September 27, 2007 MDTV: THE MUSCLE MOB WRAPS UP THE MENS PREJUDGING

September 27, 2007 MDTV: WOMENS BODYBUILDING FINALS WRAP UPS

Septemeber 27, 2007 MDTV: OLYMPIA VIDEO EXIT INTERVIEWS

September 26, 2007 MDTV: FLEX WHEELER AND DAVE PALUMBO WRAPS UP THE PRESS CONFERENCE OUTSIDE THE ORLEANS HOTEL (thursday)

September 26, 2007 OLYMPIA PAPARAZZI PHOTOS-- MEET THE OLYMPIANS

September 26, 2007 MDTV: THE MUSCLE MOB WRAPUP OF THE OLYMPIA PRESS CONFERENCE

September 26, 2007 MDTV: FLEX WHEELER INTERVIEWS THE ATHLETES AFTER THE COMPETITORS MEETING

September 25, 2007 MDTV: FLEX WHEELER AND DAVE PALUMBO WRAP-UP AFTER THE OLYMPIA COMPETITORS MEETING-- PRE SHOW PREDICTIONS (wednesday)

September 25, 2007 MDTV: THE POSING DOCTOR-- VICTOR MARTINEZ AND KAI GREENE

September 25, 2007 M"D" CUP PHOTO GALLERY: JENN CHAMBERLAIN-- FREE GALLERY or CLUB MD GALLERY

September 25, 2007 MDTV: "IN THE TRENCHES-- OLYMPIA INVASION"- VICTOR MARTINEZ TRAINS SHOULDERS 10 DAYS OUT FROM THE 2007 MR OLYMPIA (Part 1-5)

September 25, 2007 MDTV: "IN THE TRENCHES-\_ OLYMPIA INVASION"- ZIVILLE RAUDONIENE TRAINS LEGS 2 WEEKS FROM THE 2007 FIGURE OLYMPIA (Part 1-7)

September 24, 2007 NO BULL RADIO: VICTOR MARTINEZ, DEXTER JACKSON, and MHP's GERARD DENTE

September 24, 2007 MDTV: "IN THE TRENCHES-- OLYMPIA INVASION"- DENNIS WOLF TRAINS SHOULDERS 10 DAYS OUT FROM THE 2007 MR OLYMPIA (PART 1-5)

September 24, 2007 MDTV: "IN THE TRENCHES-- OLYMPIA INVASION"- KIM KLEIN TRAINS LEGS 2 WEEKS OUT FROM 2007 FITNESS OLYMPIA (Part 1-4)

September 23, 2007 NPC TOURNAMENT OF CHAMPIONS PAPARAZZI PHOTO GALLERY

September 22, 2007 FEMALE MUSCLE PHOTO GALLERY: LORI GEORGE-- FREE GALLERY or CLUB MD GALLERY

September 22, 2007 MDTV: "IN THE TRENCHES-- OLYMPIA INVASION" MELVIN ANTHONY TRAINS BACK 5 DAYS OUT FROM THE 2007 MR OLYMPIA

September 22, 2007 MDTV ROCK HARD: MUSIC VIDEO- VOLUME 1:1

September 21, 2007 MDTV: INTERVIEW WITH NICOLE BALL-- 2007 ATLANTIC CITY PRO LIGHTWEIGHT BODYBUILDING CHAMP

September 21, 2007 MDTV: INTERVIEW WITH STOKELY PALMER AND RON GOLDSTEIN-- 2007 ATLANTIC CITY PRO PROMOTERS

September 21, 2007 MDTV: INTERVIEW WITH ANDREA DUMON-- 2007 ATLANTIC CITY PRO FIGURE CHAMPION

September 21, 2007 MDTV: INTERVEIW WITH TRACEY GREENWOOD-- 2007 ATLANTIC CITY PRO FITNESS

CHAMPION

September 21, 2007 MDTV: INTERVIEW WITH LISA AUKLAND-- 2007 ATLANTIC CITY PRO BODYBUILDING  
CHAMPION

September 21, 2007 MDTV: 2007 ATLANTIC CITY WHEELCHAIR COMPETITOR JOHNNY QUINN

September 21, 2007 MDTV: 2007 ATLANTIC CITY WHEELCHAIR CHAMPION COLT WYNN

September 20, 2007 MDTV: TONEY FREEMAN TRAINS LEGS 5 WEEKS FROM 2007 MR OLYMPIA

September 19, 2007 MDTV: THE CONTENDERS-- MICHAEL " THE BUTCHER" LOCKETT BOXES NPC METRO DISTRICT CHAIRMAN STEVE WEINBERGER

September 17, 2007 NO BULL RADIO: MELVIN ANTHONY, SHAWN RAY, and WILL BRINK JOIN THE MUSCLE MOB

September 16, 2007 MDTV: 2007 IFBB ATLANTIC CITY WOMENS BODYBUILDING WRAPUP WITH IFBB

WOMENS HISTORIAN STEVE WENNERSTROM

September 15, 2007 MDTV: 2007 IFBB ATLANTIC CITY MENS FINALS WRAPUP WITH SHAWN RAY

September 15, 2007 IFBB ATLANTIC CITY PRO DAY 2 PREJUDGING PAPAZZI

September 15, 2007 MDTV: 2007 IFBB ATLANTIC CITY PRO MENS PREJUDGING WRAPUP VIDEO WITH DAVE PALUMBO and COLETTE NELSON

September 14, 2007 MDTV: "IN THE TRENCHES-- OLYMPIA INVASION"-- MONICA BRANT TRAINS 6 WEEKS OUT FROM 2007 IFBB MS FIGURE OLYMPIA

September 14, 2007 IFBB ATLANTIC CITY PRO-- DAY 1 PAPARAZZI

September 14, 2007 IFBB ATLANTIC CITY PRO WEIGH IN PHOTOS

September 13, 2007 MDTV: MELVIN ANTHONY 1 DAY OUT FROM THE IFBB ATLANTIC CITY PRO

September 13, 2007 MDTV: "IN THE TRENCHES---OLYMPIA INVASION"-- MS OLYMPIA IRIS KYLE TRAINS CHEST AND TRICEPS WITH IFBB PRO JOHN SHERMAN (PART 1-11)

September 13, 2007 MDTV: "IN THE TRENCHES-- OLYMPIA INVASION"-- MS FIGURE OLYMPIA JENNY LYNN TRAINS BACK WITH NEW IFBB PRO KRISSY CHIN 5 WEEKS OUT FROM THE 2007 FIGURE OLYMPIA (PART 1-6)

September 12, 2007 MDTV: "IN THE TRENCHES-- OLYMPIA INVASION"-- DEXTER JACKSON TRAINS BACK 5 WEEKS OUT FROM THE MR OLYMPIA (PART 1-7)

September 11, 2007 MDTV: "IN THE TRENCHES-- OLYMPIA INVASION" -- VICTOR MARTINEZ and HEINZ SENIOR TRAIN BACK, 5 WEEKS OUT FROM THE 2007 MR OLYMPIA (PART 1-7)

September 10, 2007 NO BULL RADIO: BARBARIAN BROTHER PETER PAUL and ERIK FANKHOUSER

September 9, 2007 MDTV: 2007 MONTREAL PRO CLASSIC POST SHOW WRAPUP WITH THE MUSCLE MOB

September 8, 2007 2007 MONTREAL PRO CLASSIC FINALS WRITE UP

September 6, 2007 TRAINING: SHOULDER BLASTING WITH CHRIS CORMIER

INTERVIEW/PICTORIAL: THE IDEAL CANDIDATE-- CHRIS CORMIER (from Archives)

September 6, 2007 FIGURE/FITNESS GALLERY: COURTNEY WEST-- FREE GALLERY or CLUB MD GALLERY

September 5, 2007 MDTV: VICTOR PRISK AT 2007 NORTH AMERICA

September 5, 2007 MDTV: GEORGE FARAH AT 2007 NORTH AMERICA

September 5, 2007 MDTV: NANCY GEORGES AFTER WINNING MASTERS FIGURE AND EARNING HER PRO CARD AT 2007 NORTH AMERICA

September 5, 2007 MDTV: AMY THOMPSON AFTER WINNING FIGURE OVERALL AND PRO CARD AT 2007 NORTH AMERICA

September 5, 2007 MDTV: JESSICA STEFFENS AFTER WINNING FIGURE CLASS and 2nd PRO CARD at 2007 NORTH AMERICA

September 5, 2007 MDTV: MELISSA DETTWILLER AT 2007 NORTH AMERICA

September 5, 2007 MDTV: KIRK DEFRANCESCO AT 2007 NORTH AMERICA

September 5, 2007 MDTV: MICHAEL LIBERATORE at the 2007 NORTH AMERICA

September 5, 2007 MDTV: LUIS FERNANDEZ and ANGEL RANGEL at 2007 NORTH AMERICA

September 4, 2007 MDTV: ERIC FANKHOUSER AT HIS PER BERNAL PHOTO SHOOT FOR THE MUSCULAR DEVELOPEMENT COVER

September 3, 2007 MDTV: MENS BODYBUILDING RETROSPECTIVE of 2007 NORTH AMERICA WITH DAVE PALUMBO AND BILLY GUNS

September 3, 2007 MDTV: WOMENS BODYBUILDING RETROSPECTIVE of 2007 NORTH AMERICA WITH DAVE PALUMBO AND COLETTE NELSON

September 3, 2007 MDTV: INTERVIEW WITH MENS MASTERS CHAMP, MIKE HORN, AT 2007 NORTH AMERICA

September 3, 2007 MDTV: INTERVIEW WITH WOMENS BODYBUILDING CHAMP MARIA SEGURA at 2007 NORTH AMERICA

September 2, 2007 MDTV: INTERVIEW WITH NPC PRESIDENT JIM MANION AT THE 2007 IFBB NORTH AMERICA

September 2, 2007 MDTV: INTERVIEW WITH 2007 NORTH AMERICAN CHAMP ERIC FANKHOUSER

September 2, 2007 MDTV: INTERVIEW WITH 2007 NORTH AMERICA PROMOTER GARY UDIT

September 1, 2007 MD PAPARAZZI PHOTOS FROM 2007 IFBB NORTH AMERICA

September 1, 2007 MDTV: MICHAEL LIBERATORE 2 DAYS PRIOR TO 2007 NORTH AMERICA

August 31, 2007 MDTV: ERIC FANKHOUSER 2 DAYS PRIOR TO 2007 NORTH AMERICA

August 31, 2007 MDTV: "IN THE TRENCHES" with BEN WHITE TRAINS CHEST AFTER WINNING 2007 NPC USA PARTS 1-6

August 30, 2007 IFBB NORTH AMERICAN WEIGH IN PHOTOS

August 29, 2007 BREAKING NEWS: IFBB NORTH AMERICA TEAM MD SCHEDULE OF EVENTS and COMPETITOR LIST

August 29, 2007 MDTV: IN THE TRENCHES WITH EVAN CENTOPANI and PJ BRAUN-- TRAINING ARMS!

August 29, 2007 MDTV: MEASURING EVAN CENTOPANI and PJ BRAUN's ARMS!

August 27, 2007 NO BULL RADIO: GARY STRYDOM, TAZZIE COLOMB, and JEFF GOLINI

August 26, 2007 M"D" CUP GALLERY: NIKKI WARNER. . . FREE GALLERY or full CLUB MD GALLERY

August 20, 2007 NO BULL RADIO: LEE PRIEST, TRICKY JACKSON, & JENNIFER GATES

August 19, 2007 MDTV: VICTOR MARTINEZ GUEST POSES AT 1st ANNUAL NPC FLEX WHEELER CLASSIC

August 18, 2007 MDTV: IN THE TRENCHES WITH ADELA GARCIA AND AMANDA SAVELL 7 WEEKS OUT FROM THE OLYMPIA

August 17, 2007 MDTV: IN THE TRENCHES WITH AMANDA SAVELL AND DAVE JACOBS PARTS 1-6

August 17, 2007 MDTV: INTERVIEW WITH FLEX WHEELER AT ALL AMERICAN EFX BOOTH AT EUROPA SUPER SHOW

August 17, 2007 MDTV: INTERVIEW WITH CHRISTINA LINDLEY AT KEMISTRY BOOTH AT EUROPA SUPER SHOW

August 17, 2007 MDTV: INTERVIEW WITH SHERRY GOGGINS AT KEMISTRY BOOTH AT EUROPA SUPER SHOW

August 17, 2007 MDTV: INTERVIEW WITH AMANDA SAVELL AT KEMISTRY BOOTH AT EUROPA SUPER SHOW

August 17, 2007 MDTV: INTERVIEW WITH QUINCY TAYLOR AT KEMISTRY BOOTH AT EUROPA SUPER SHOW

August 17, 2007 MDTV: INTERVIEW WITH KAI GREENE AT KEMISTRY BOOTH AT EUROPA SUPER SHOW

August 17, 2007 MDTV: INTERVIEW WITH MICHAEL LOCKETT AT KEMISTRY BOOTH AT EUROPA SUPER SHOW

August 13, 2007 MDTV: BACKSTAGE INTERVIEWS AT 2007 EUROPA SUPER SHOW

August 13, 2007 MDTV: GARY FUENTES AT 2007 EUROPA SUPER SHOW

August 13, 2007 MDTV: MICHAEL KINDRED AT 2007 EUROPA SUPER SHOW

August 13 ,2007 NO BULL RADIO: TOM PLATZ, SHANNON METERAUD, FLEX WHEELER, AND LEE PRIEST

August 12, 2007 MDTV: INTERVIEW WITH NPC TEXAS DISTRICT CHAIRMAN LEE THOMPSON

August 12, 2007 MDTV: INTERVIEW WITH ADELA GARCIA AFTER WINNING THE EUROPA SUPER SHOW  
WOMENS FITNESS

August 12, 2007 MDTV: INTERVIEW WITH MAH-ANN MENDOZA AFTER WINNING THE EUROPA SUPER SHOW  
WOMENS BODYBUILDING

August 12, 2007 MD AFTER DARK PHOTO GALLERY

August 12, 2007 MDTV: Interview with SHANNON METERAUD after winning 2007 IFBB EUROPA SUPER SHOW PRO FIGURE CHAMPIONSHIPS

August 12, 2007 MDTV: 2007 IFBB Europa Super Show Mens Open Bodybuilding Wrap-up with Flex Wheeler and Dave Palumbo

August 11, 2007 EUROPA SUPER SHOW PAPARAZZI DAY 2 PHOTOS

August 11, 2007 MDTV: 2007 EUROPA SUPER SHOW POST GAME WRAP UPS OF THE MENS UNDER 210 CLASS and the WOMENS BODYBUILDING (exclusive videos)

August 10, 2007 EUROPA SUPER SHOW PAPARAZZI DAY 1 PHOTOS

August 9, 2007 EUROPA SUPER SHOW WEIGH IN PHOTOS

August 7, 2007 RESEARCH AND REVIEW: MYOSTATIN BABY UPDATE

August 7, 2007 RESEARCH AND REVIEW: IS SOY PROTEIN AS GOOD AS WHEY

August 7, 2007 RESEARCH AND REVIEW: 7-KETO

August 7, 2007 RESEARCH AND REVIEW: BETA-ALANINE UPDATE

August 6, 2007 NO BULL RADIO: DENNIS NEWMAN, MONICA BRANT, and WILL BRINK

August 5, 2007 MDTV: IN THE TRENCHES WITH JEFF RODRIGUEZ AFTER THE 2007 NPC TEAM UNIVERSE

August 4, 2007 MENS BODYBUILDING PHOTOS: DENIS SERGOVSKIY (over 500 photos)

July 30, 2007 MDTV: TRANSFORMATION TIP #11-- The Final Tip!

July 30,2003 NO BULL RADIO: FLEX WHEELER, BEN WHITE, and PATRICK ARNOLD

July 29, 2007 NPC USA PAPARAZZI: DAY 1, DAY 2, and MD AFTER DARK

July 29. 2007 MDTV: FLEX WHEELER INTERVIEWS OVERALL USA CHAMP BEN WHITE

July 29, 2007 MDTV: NPC USA MENS FINALS VIDEO WRAPUP WITH FLEX WHEELER AND DAVE PALUMBO

July 28, 2007 MDTV: NPC USA MENS PREJUDGING WRAP UP WITH FLEX WHEELER AND DAVE PALUMBO

July 27, 2007 MDTV: 2007 NPC USA PRECONTEST PREDICTIONS WITH DAVE PALUMBO

July 27, 2007 NPC USA EXCLUSIVE WEIGH IN PHOTOS

July 26, 2007 MDTV: 25-YEAR NPC USA RETROSPECTIVE PART 6 of 6

July 26, 2007 MDTV: 25-YEAR NPC USA RETROSPECTIVE PART 5 of 6

July 26, 2007 MDTV: KEMISTRY's NPC USA COVERAGE-- "IN THE TRENCHES" WITH PETER PUTNAM

July 26, 2007 MDTV: KEMISTRY's NPC USA COVERAGE-- "IN THE TRENCHES" WITH BEN WHITE

July 26, 2007 MDTV: KEMISTRY's NPC USA COVERAGE-- "IN THE TRENCHES" WITH ROBERT HATCH

July 25, 2007 MDTV: KEMISTRY's NPC USA COVERAGE- "IN THE TRENCHES" WITH MANNY TORRES

July 25, 2007 MDTV: KEMISTRY's NPC USA COVERAGE- "IN THE TRENCHES" WITH ADORTHUS CHERRY

July 25, 2007 MDTV: KEMISTRY's NPC USA COVERAGE-- "IN THE TRENCHES" WITH JUSTIN HARRIS

July 25, 2007 MDTV: INTERVIEWS AT THE MASTERS NATIONALS (Andy Haman, Anthony Finocchiaro, Debbie Bramwell, Marty Vranicar, Kevin Deiner, and Casey Fathi)

July 25, 2007 MDTV: 25-Year Retrospective On the NPC USA Part 4

July 24, 2007 MDTV: 25-Year Retrospective on the NPC USA Part 3

July 24, 2007 MDTV: EXIT INTERVIEWS AFTER THE NPC MASTERS/TEEN/COLLEGIATE NATIONALS

July 24, 2007 M"D" CUP PHOTO GALLERY: MELISSA FROIO-- Check out the insanely seductive photos of Melissa. Samples in FREE GALLERY or full members gallery at CLUB MD

June 23, 2007 NO BULL RADIO: NATURAL NIGHT--Chris Faildo, Skip LaCour, and Layne Norton

July 23, 2007 NPC Masters / Teen / Collegiate Nationals

July 23, 2007 NPC Masters / Teen / Collegiate Paparazzi Photos

July 23, 2007 NPC LOS ANGELES CHAMPIONSHIPS PAPARAZZI PHOTOS

July 21, 2007 MDTV: 25-YEAR RETROSPECTIVE ON NPC USA PART 2

July 20, 2007 MDTV: 25-YEAR RETROSPECTIVE ON NPC USA PART 1

July 20, 2007 MDTV: JEFF RODRIGUEZ POSING AFTER 2007 NPC TEAM UNIVERSE

July 19, 2007 NPC MASTERS/TEEN/COLLEGIATE NATIONALS WEIGH IN PHOTOS

July 16, 2007 NO BULL RADIO: IFBB PRO MIKE FRANCOIS and LAYNE NORTON

(Nutrition Segment) PART 1

July 15, 2007 MDTV: CHRIS FAILDO AFTER WINNING THE 2007 NPC TEAM UNIVERSE OVERALL

July 14, 2007 NY PRO FIGURE, TEAM UNIVERSE, FITNESS and FIGURE NATIONALS PAPARAZZI PHOTO GALLERY

July 13, 2007 MDTV: JEFF RODRIGEZ INTERVIEW THE DAY BEFORE THE 2007 TEAM UNIVERSE

July 12, 2007 MDTV: IN THE TRENCHES-- JEFF LONG and KRIS LECOMTE PART 1-9

July 9, 2007 NO BULL RADIO: IFBB PRO JIMMY QUINN AND STRONGMAN JIMMY PELLECHIA

July 8, 2007 NPC BRANCH WARREN CLASSIC PAPARAZZI PHOTOS-- Featuring MELISSA DETTWILLER!!

July 8, 2007 MDTV: IN THE TRENCHES with VIC TOR MARTINEZ and KAI GREENE TRAINING ARMS PART 6-10 of 10

July 7, 2007 MDTV: IN THE TRENCHES with VIC TOR MARTINEZ and KAI GREENE TRAINING ARMS PART 1-5 of 10

July 5, 2007 FITNESS/FIGURE GALLERY: MELISSA STEPHEN-- Beautiful Dan Ray photos-- FREE GALLERY or exclusive CLUB MD GALLERY

July 5, 2007 FITNESS/FIGURE GALLERY: CHRISTY BARRENTINE-- Hot Dan Ray photos-- FREE GALLERY or exclusive CLUB MD GALLERY

July 4, 2007 JULY 4TH MUSCLE BEACH: VENICE, CA PAPARAZZI PHOTOS

July 2, 2007 NO BULL RADIO: MS OLYMPIAS' IRIS KYLE, JENNY LYNN, and ADELA GARCIA

July 2, 2007 MDTV: MHP TRANSFORMATION TIP OF THE WEEK #8-- HAMSTRINGS

July 1, 2007 M"D" CUP: CHELLS Check out the curvaceous Chells! FREE GALLERY or exclusive CLUB MD GALLERY

June 27, 2007 MDTV: INTERVIEWs WITH JAN TANA, ARINA MANTA, SARAH DUNLAP, KING KAMALI, DAWN WHITHAM, and DENA WESTERFIELD

June 27, 2007 MDTV: DARREM CHARLES GUEST POSING AT THE 2007 JAN TANA CLASSIC

June 26, 2007 MDTV: SEARCHING FOR BILLY GUNS 2

June 25, 2007 NO BULL RADIO: JOHN DEFENDIS & STEVE MICHALIK

June 23, 2007 JAN TANA PAPARAZZI PHOTOS

June 21, 2007 RESEARCH AND REVIEW: ANTIBIOTICS CAUSE MUSCLE TEARS?

June 20, 2007 MDTV: MHP TRANSFORMATION TIP OF THE WEEK #6

June 18, 2007 NO BULL RADIO: BILL GRANT, BEV FRANCIS, MICHAEL LOCKETT, and BRANDON RAY

June 17, 2007 MDTV: JR NATIONALS EXIT INTERVIEWS

June 16, 2007 NPC JR NATIONALS PAPARAZZI PHOTOS

June 15, 2007 CHEMICAL ENHANCEMENT: THE DEAL ON ALLI!

June 15, 2007 MDTV: DAVE INTERVIEWS CHAD RAY MARTIN AFTER WEIGH IN AT NPC JR NATIONALS

June 15, 2007 NPC JR NATIONALS WEIGH IN PHOTOS

June 14, 2007 MDTV: FLEX WHEELER INTERVIEWS MICHAEL LOCKETT AT ARNOLD CLASSIC

June 13, 2007 MENS BODYBUILDING: 20-YEAR OLD 2005 NPC TEEN NATIONAL CHAMPION, GERALD WILLIAMS

June 13, 2007 FIGURE/FITNESS: NIKKI WARNER showing her incredible physique! FREE GALLERY or exclusive CLUB MD GALLERY

June 12, 2007 MENS BODYBUILDING: CHAD RAY MARTIN PHOTO GALLERY

June 12, 2007 MENS BODYBUILDING: THE INCREDIBLE MICHAEL LOCKETT -- FREE GALLERY or exclusive CLUB MD GALLERY

June 12, 2007 MDTV: TRANSFORMATION TIP OF THE WEEK #5

June 11, 2007 NO BULL RADIO: VICTOR CONTE, MIKE KATZ, and COLETTE NELSON

June 11, 2007 M"D" CUP: MARISOL FORJAN Sizzlin' FREE GALLERY or full CLUB MD GALLERY

June 10, 2007 NPC OKLAHOMA STATE and CENTRAL USA CLASSIC

June 10,2007 Paparazzi Photos from 2007 Oklahoma State/Central Classic

June 6, 2007 PHOTOS-FEMALE MUSCLE: CINDY PHILLIPS-- Check out the FREE GALLERY or the complete sizzlin' CLUB MD GALLERY

June 6, 2007 PHOTOS-FITNESS/FIGURE: CHARMAINE PATTERSON-- Check out the FREE GALLERY or the full sexy CLUB MD GALLERY

June 5, 2007 MDTV: JAY, RONNIE, and VICTOR GUEST POSING SNEAK PREVIEW AT 2007 ATLANTIC STATES

June 5, 2007 MDTV: Searching For Billy Guns

June 5, 2007 MDTV: Dave Interviews Masters Champ Roger Sigoda at 2007 Atlantic States

June 5, 2007 MDTV: Dave Interviews Muscle Mob Princess Christina Tucci

June 5, 2007 MDTV: Dave Interviews Bill Grant at the 2007 Atlantic States

June 5, 2007 MDTV: Dave Interviews 2007 Atlantic States Overall Champ Tim Martine

June 5, 2007 MDTV: TRANSFORMATION TIPS OF THE WEEK

June 4, 2007 MD NO BULL RADIO: Kai Greene, Betty Pariso, Shawn Ray, and Flex Wheeler.

June 4, 2007 Lone Star Bodybuilding Championship

June 3, 2007 CONTEST RESULTS FROM NPC ATLANTIC STATES and IFBB COLORADO PRO/ NPC COLORADO STATE

June 2, 2007 PAPARAZZI PICS: 2007 NPC ATLANTIC STATES

May 28, 2007 MEMORIAL DAY MUSCLE BEACH PAPARAZZI

May 28, 2007 CONTEST PHOTO RESULTS FROM NPC LONG ISLAND, LEHIGH VALLEY, CALIFORNIA, MUSCLE MAYHEM, and IFBB CALIFORNIA PRO FIGURE & IFBB KEYSTONE PRO

May 27, 2007 NPC CALIFORNIA CHAMPIONSHIPS PAPARAZZI (compliments of Mike Yurkovic)

May 26, 2007 Long Island Bodybuilding Championship Paparazzi Photos

May 24, 2007 M"D" CUP: THE AMAZING AMY PETERS-- FREE GALLERY or CLUB MD GALLERY

May 23, 2007 BREAKING NEWS: NO BULL RADIO SHOW EXTENDED TO 2 HOURS!

May 21, 2007 NO BULL RADIO: KAI GREENE and SHAWN RAY

May 15, 2007 INJURIES AND PREVENTION: RIB FIXATIONS (w/ DR DURLAN CASTRO)

May 13, 2007 IFBB NY PRO PAPARAZZI PICS

May 9, 2007 New England Finals Pics and Results

May 8, 2007 MDTV: AMAZING AMATEURS: GUY CISTERNINO PART 5 (final part)

May 8, 2007 MDTV: "IN THE TRENCHES" . . . new hardcore video training series!!!

May 8, 2007 FEMALE MUSCLE: BRITT MILLER-- FREE GALLERY or steamy CLUB MD GALLERY

May 8, 2007 FITNESS/FIGURE: NINA MONET-- FREE GALLERY or full, sexy, CLUB MD GALLERY

May 8, 2007 CLUB MD PAPARAZZI PICS: BACKSTAGE AT NPC NEW ENGLANDS

May 7, 2007 NO BULL RADIO: BRANCH WARREN and FLEX WHEELER

May 7, 2007 NPC New England Paparazzi Pics

May 6, 2007 FITNESS/FIGURE: AUSTRALIAN SARAH BELKHAM. . . FREE GALLERY or EXCLUSIVE CLUB MD GALLERY (sexy photos with her hot girlfriend)

May 2, 2007 SUPPLEMENT OF THE MONTH: SteelEdge-- Full Spectrum Preworkout Formula

May 1, 2007 RESEARCH AND REVIEW: PROTEIN SUPPLEMENTATION DURING RESISTANCE TRAINING

April 30, 2007 M"D" CUP: THE SEXY MAY MOOREA FREE GALLERY or CLUB MD GALLERY

April 30, 2007 NO BULL RADIO: MELVIN ANTHONY and DR MORDCAI BLAU MD, PC.

April 29, 2007 NPC ORANGE COUNTY PAPARAZZI PICS

photos compliments of Mike Yurkovic and [www.physique-art.com](http://www.physique-art.com)

April 29, 2007 NPC JR USA CONTEST RESULTS AND PHOTOS

April 28, 2007 NPC JR USA PREJUDGING PAPARAZZI PHOTOS

April 27, 2007 NPC JR USA: WEIGH IN PHOTOS

April 26, 2007 BREAKING NEWS: LONG ISLAND MAN LINKED TO BASEBALL STEROIDS PROBE

April 25, 2007 BREAKING NEWS: Conte REFASHIONS BALCO, LEGALLY!

April 25, 2007 M "D" CUP: TAMAR APRIL '07 Check out the steamy hot and sexy TAMAR-- samples in FREE GALLERY or complete selection at CLUB MD GALLERY

April 24, 2007 NEWS AND VIEWS: Stallone offers evidence in hormone case

April 23, 2007 NO BULL RADIO: IFBB PRO DESMOND MILLER

April 17, 2007 MDTV: Mr. G Interviews Steve Michalik

April 16, 2007 NO BULL RADIO: MHP's Gerard Dente, IFBB Pro Tracy Greenwood, and NPC competitor Guy Cisternino

April 16, 2007 RESEARCH AND REVEIW: Broccoli, Soys Anti-cancer Benefits Suggested

April 16, 2007 RESEARCH AND REVIEW: Bariatric Surgery, A Cure for Type 2 Diabetes?

April 15, 2007 NPC NEW YORK METROPOLITAN & IFBB NY PRO FITNESS CONTEST PICS

PAPARAZZI PICS: NPC NY METROPOLITAN & IFBB NEW YORK FITNESS PRO

April 12, 2007 FEMALE MUSCLE: IFBB PRO NICOLE BALL-- Check out samples of this sexy new pro in the FREE GALLERY; or to see all the photos, log onto CLUB MD GALLERY

April 11, 2007 FITNESS/FIGURE: IFBB PRO NATALIE BENSON-- Check out samples of this sexy new pro in the FREE GALLERY; or to see all the photos, log onto CLUB MD GALLERY

April 9, 2007 NO BULL RADIO: DEXTER JACKSON

April 8, 2007 CHEMICAL ENHANCEMENT: ABSCESS PREVENTION by Gavin Kane

April 7, 2007 MDTV: AMAZING AMATEURS PART 4: GUNSLINGERS. Guy Cisternino, one week out from the NPC NY METROPOLITAN, blasts arms with 2006 NPC Jr National Champ Evan Centopani.

April 6, 2007 MASTERS BODYBUILDING: Building An "Elite" Staircase To Success

April 6, 2007 FEMALE MUSCLE: COLETTE NELSON at the 2007 ARNOLD CLASSIC Check out samples in the FREE GALLERY or for the full Smokin' Hot Gallery, check out CLUB MD

April 3, 2007 NO BULL RADIO: ANABOLIC 2007's BILL LLEWELLYN

April 2, 3007 NPC NATURAL OHIO CHAMPIONSHIPS: PAPARAZZI PICS

April 2, 2007 PERFORMANCE ENHANCEMENT: THINKING OF HORMONE REPLACEMENT?

March 30, 2007 M"D" GIRL OF THE MONTH: MELISSA D IS BACK. For a teaser, check out the FREE GALLERY or for the full smokin' hot gallery, check out CLUB MD

March 24, 2007 RESEARCH AND REVIEW: FIBER IN DIET CAN REDUCE C-REACTIVE PROTEIN

March 23, 2003 MDTV: AMAZING AMATEURS- GUY CISTERNINO PART 3

March 22, 2007 FEMALE MUSCLE: LAUREN POWERS GALLERY OF PHOTOS

March 22, 2007 MDTV: MR G FIGHTS THE GREEK GOD!

March 21, 2007 NO BULL RADIO: MR G

March 17, 2007 PERFORMANCE NUTRITION: INSULIN AND FAT STORAGE by Justin Harris

March 14, 2007 MDTV: ARNOLD CLASSIC DAY 1 Part 1, ARNOLD CLASSIC DAY 1 Part 2, and ARNOLD CLASSIC EXPO DAY 2

March 13, 2007 PERFORMANCE NUTRITION: Glycemic Index is for Real

March 12, 2007 SUPPLEMENT OF THE MONTH: Yohimbine May Promote Fat Loss

March 10, 2007 PERFORMANCE NUTRITION: NCG: The Ultimate Anabolic Supplement?

March 9, 2007 CHEMICAL ENHANCEMENT: Anabolic Steroid Abuse and Recovery of Spermatogenesis

March 9, 2007 MDTV EXCLUSIVE: SPECIAL ED AT THE ARNOLD. Check out the bevy of video interviews (31 and counting) from NO BULL RADIO's very own SPECIAL ED!

March 8, 2007 PERFORMANCE NUTRITION: New Study: The Atkins Diet is Most Effective for Fat Loss

March 8, 2007 RESEARCH AND REVIEW: Chromium Supplementation Failed to Promote Fat Loss

March 8, 2007 MDTV: AMAZING AMATEURS-- GUY CISTERNINO PART 2

March 8, 2007 M"D" CUP: GRACE RIVERA. . . for samples check out the FREE GALLERY. For the full sizzlin' photo collection, check out CLUB MD GALLERY

March 6, 2007 MD PAPARAZZI PHOTOS FROM THE ARNOLD CLASSIC. Check out almost 1000 Paparazzi photos from the ARNOLD EXPO, BACK STAGE AT THE SHOW, and the VIP BUFFET PARTY in the CLUB MD GALLERY or check out the samples in the FREE GALLERY

March 6, 2007 MD AFTER DARK AT THE ARNOLD CLASSIC. . . check out the free galleries!

March 6, 2007 PERFORMANCE NUTRITION: Is a Very High Protein Intake Beneficial for Gym Rats?

March 5, 2007 NO BULL RADIO: ARNOLD CLASSIC CHAMPION VICTOR MARTINEZ and IFBB WOMENS HISTORIAN STEVE WENNERSTROM

March 1, 2007 MDTV: THE MUSCLE MOB PRE-ARNOLD SHOW

February 27, 2007 MDTV: HEATHER POLICKY WINS SACRAMENTO PRO!

February 26, 2007 NO BULL RADIO: ARNOLD WEEK-- DEXTER JACKSON, FLEX WHEELER, AND JIM LORIMER!

February 26, 2007 MDTV: TEAM MD INVADES THE ARNOLD CLASSIC!

February 25, 2007 BREAKING NEWS: TONEY FREEMAN NOTCHES ANOTHER WIN IN SACRAMENTO! AND

HEATHER POLICKY PUMMELS FIELD IN PRO DEBUT!

February 24, 2007 MDTV: NAME KIM CHAMBER'S ASS

February 23, 2007 MDTV: A GUY, A GIRL, AND CORMIER! Starring Christian Boeing, Kim Chambers, and Chris Cormier.

February 23, 2007 MDTV: UNBELIEVABLE 2 with Gregg Valentino

February 22, 2007 MDTV: KIM CHAMBERS in HOW TO DO AN INTERVIEW

February 21, 2007 MDTV: POWERLIFTER JOE CEKLOVSKY

February 19, 2007 NO BULL RADIO: FLEX WHEELER, TONEY FREEMAN, & PATRICK ARNOLD

February 18, 2007 IRONMAN PHOTO GALLERY and NPC FIGURE FINALS

February 18, 2007 BREAKING NEWS: TONEY FREEMAN WINS 2007 IRONMAN! and DAY 2 PAPARAZZI PICS

February 17, 2007 IFBB IRONMAN WEIGH IN PHOTOS and DAY 1 PAPARAZZI PICS

February 15, 2007 FEMALE MUSCLE: RENE OPEDISANO Check out NPC NATIONALS 5th Place Lightweight finisher, the sexy Rene Opedisano. [FREE GALLERY](#) or full [CLUB MD GALLERY](#)

February 14, 2007 MDTV: AMAZING AMATEURS-- GUY CISTERNINO PART 1

February 13, 2007 MDTV: VICTOR MARTINEZ ROAD TO THE ARNOLD PART 2

February 12, 2007 FITNESS/FIGURE: MICHELLE BISHOP Check out the sexy photos in the [FREE GALLERY](#) or for the full gallery, check out [CLUB MD GALLERY](#)

February 12, 2007 NO BULL RADIO: LONNIE TEPER & KIM CHAMBERS

February 8, 2007 EDITORS LETTER: HISTORY 101

February 6, 2007 MASTERS BODYBUILDING: EVERYONE HAS A ROCKY INSIDE THEM. The GENO SYLVAIN story.....

February 5, 2007 MD NO BULL RADIO: GUSTAVO BADELL and ROBBY ROBINSON

February 1, 2007 BREAKING NEWS: MD CYBER CLASSIC FINALISTS HAVE BEEN CHOSEN. Still time to vote for FINALIST #5-- [click here to vote](#)

January 30, 2007 FIGURE GALLERY: FIGURE OLYMPIA CHAMP DAVANA MEDINA Check out the seductive shots by SheMuscle's BRIAN MOSS [FREE GALLERY](#) or [FULL CLUB MD GALLERY](#) (members only)

January 29, 2007 NO BULL RADIO: BRANCH WARREN & VALVOLINO

January 28, 2007 FEMALE MUSCLE GALLERY: AMBER DELUCA. Check out the Mike Yurkovic photos of this Amazon Muscle Goddess. [FREE GALLERY](#) or [FULL CLUB MD GALLERY](#) (members only)

January 27, 2007 FIGURE/FITNESS GALLERY: LATISHA WILDER. Check out the sexy shots by Mike Yurkovic [FREE GALLERY](#) or [FULL CLUB MD GALLERY](#) (members only)

January 24, 2007 MDTV: NEW TREY BREWER VIDEO-- BARELY LEGAL FREAK

January 22, 2007 NO BULL RADIO: TONEY FREEMAN

January 16, 2007 MDTV: EVAN CENTOPANI AT THE 2006 NATIONALS

January 16, 2007 FIGURE/FITNESS GALLERY: MELISSA PEARO. Check out the DAN RAY photos of this beauty--  
FREE GALLERY or FULL CLUB MD GALLERY (members only)

January 15, 2007 MD NO BULL RADIO: RICH GASPARI & FLEX WHEELER discuss racism in bodybuilding. And don't miss Special Report with Special Ed and 2 Minutes with Valvolino.

January 9, 2007 MENS BODYBUILDING: JOEL STUBS Check out the PER BERNAL photos of this guy's incredible back--- FREE GALLERY or the full CLUB MD GALLERY (members only)

January 9, 2007 MENS BODYBUILDING: DAVE PALUMBO Check out the PER BERNAL photos of Dave's freaky Legs---  
FREE GALLERY or the full CLUB MD GALLERY (members only)

January 9, 2007 MD NO BULL RADIO: MELVIN ANTHONY (1/8/07). Watch as the MUSCLE MOB interviews Melvin Anthony. And LARRY and JOHN ask DAVE about his unique pre-contest prep. Let's not forget about SPECIAL REPORT WITH SPECIAL ED and A FEW MINUTES WITH VALVOLINO.

January 8, 2007 FEMALE MUSCLE: SARAH DUNLAP AND COLETTE NELSON. Sexy gallery containing 2 beautiful women bodybuilders. FREE GALLERY or FULL CLUB MD GALLERY (members only)

January 7, 2007 FIGURE/FITNESS GALLERY, VANESSA BOSWELL. Check out the awesome abs and beautiful good looks in these DAN RAY photos. FREE GALLERY or FULL CLUB MD GALLERY (members only)

January 4, 2007 FIGURE/FITNESS GALLERY: FELICIA BRUNO Check out this super sexy figure competitor-- FREE GALLERY or FULL CLUB MD GALLERY (members only)

January 2, 2007 BEHIND THE IRON CURTAIN: 2007 NEW YEARS RESOLUTIONS

January 1, 2007 MDTV: MD AFTER DARK at the 2006 NPC NATIONALS

December 31, 2006 M "D" CUP: LORETTA LYNN MCGRATH Check out this new beauty brought to us compliments of Brian Moss. FREE GALLERY or full CLUB MD GALLERY (members only)

December 30, 2006 **FIGURE/FITNESS GALLERY: ALEXIS ELLIS** Check out the sizzlin' **FREE GALLERY** or the exclusive **CLUB MD GALLERY** (members only)

December 28, 2007 **RESEARCH AND REVIEW: TOPICALLY APPLIED INSULIN HEALS WOUNDS**

December 28, 2007 **INJURIES AND PREVENTION: RONNIE COLEMAN AND THE MYSTERIOUS LEFT LAT ATROPHY** (By Dr. Victor Prisk)

December 23, 2006 **RESEARCH AND REVIEW: Goofy "Muscle-building" Supplements Busted**

December 21, 2006 **EVAN CENTOPANI TRASHES TRICEPS**

December 16, 2006 **NEW MD CUP GIRL: TAMAR IN SOUTH BEACH.....** check out the **FREE GALLERY** or to see all of the sexy Bill Dobbins photos, check out the **CLUB MD GALLERY** (remember, **MEMBERS ONLY!**)

December 14, 2006 **SIZZLIN' FIGURE/FITNESS GALLERY: CHELLSS** (only one name necessary) check out free samples in the **FREE GALLERY** or to view the entire gallery check out the **CLUB MD GALLERY**

December 14, 2006 **HOT NEW FEMALE MUSCLE GALLERY: IFBB PRO BETTY VIANA.....** check out free samples in the **FREE GALLERY** or to view the entire gallery check out the **CLUB MD GALLERY**

December 13, 2006 **NEW FREAKSHOW CARTOON: TATTOO'D LADY**

December 12, 2006 **MD NO BULL RADIO (12/11/06).**

**IFBB Pro STAN MCQUAY** joins The Muscle Mob. Also, **MESSAGE BOARD RUMBLE: DEREK ANTHONY vs THE TRUE ADONIS.** Don't miss this insane episode!

December 7, 2006 **CLASSIC PHOTO GALLERY: JIMMY CANYON'S ABS:** Check out samples in the **FREE GALLERY** or the full collection in the **CLUB MD GALLERY**

December 6, 2006 CLASSIC PHOTO GALLERY: CAPRICE MURRAY, the original X-MAN. Check samples in the FREE GALLERY or to see the full collection, check out the CLUB MD GALLERY

December 6, 2006 MDTV: 2006 NPC EXCALIBUR OVERALL CHAMP, 21 YEAR OLD TREY BREWER

December 5, 2006 MD NO BULL RADIO SHOW: CRAIG RICHARDSON and EVAN CENTOPANI JOIN THE MUSCLE MOB

December 4, 2006 BREAKING NEWS!!! TREY BREWER WINS 2006 NPC EXCALIBUR

November 30, 2006 BREAKING NEWS!!! BRANCH WARREN SIGNS EXCLUSIVE CONTRACT WITH TEAM MD

November 28, 2006 4 NEW VIDEOS: Garret Allin, Abiu Feliz, Lionel Brown, and AD Cherry all interviewed by the enigmatic Flex Wheeler

November 28, 2006 RESEARCH & REVIEW: POST MEAL NITROGEN UTILIZATION AND MISINTERPRETATION OF DATA--click here

November 28, 2006 \*\*\* NEW\*\*\* M "D" CUP GIRL KATHY JOHANSSON . . . check out samples of her steamy hot photos in the FREE GALLERY or for the UNCENSORED, NO BULL, photos sign into the MEMBERS GALLERY

November 27, 2006 MD NO BULL RADIO: IFBB Pro Branch Warren and IFBB Pro Toney Freeman joins The Muscle Mob to talk about their newly inked Muscular Development contracts. Also, don't miss our exclusive interview with Planet Fitness "Grunter" Al Argibay and his attorney Jason Stern --here

November 23, 2006 Back by popular demand. . . M "D" CUP GIRL MELISSA DETTWILLER . . . check out samples of her steamy hot photos in the FREE GALLERY or for the UNCENSORED, NO BULL, photos sign into the MEMBERS GALLERY

November 22. 2006 VIDEO: VICTOR MARTINEZ TALKS ABOUT HIS PLANS TO WIN THE ARNOLD

November 22, 2006 Breaking News!! NY GIANT DESMOND MILLER SIGNS WITH TEAM MD

November 21, 2006 MD NO BULL RADIO: Legal Muscle Guru RICK COLLINS joins The Muscle Mob to talk STEROIDS. Also, don't miss our exclusive interview with DEXTER JACKSON --here

November 21, 2006 NEW FREAK SHOW comic strip-- here

November 21, 2006 Performance Nutrition: STREET SMART FAT INTAKE

November 20, 2006 New M "D" CUP-- LAUREN Sample photos in Free Gallery or for full gallery, check out the Members Gallery

November 19, 2006 INJURIES & REHAB: TENNIS ANYONE?

November 15, 2006 1ST MD NO BULL RADIO SHOW: The Muscle Mob scoots Victor Martinez and newly crowned champ, Desmond Miller. Also, special surprise guest stops by-- click

November 13, 2006 NPC NATIONALS BACKSTAGE and PAPARAZZI PICS ..... and the first ever MD AFTER DARK PHOTO GALLERY-- See what goes on after the show is over!!!!

November 12, 2006 NPC NATIONALS RESULTS-- click

November 9, 2006 Breaking News! German Giant DENNIS WOLF Joins MD!! --click

November 8, 2006 VIDEO: EVAN CENTOPANI Talks to Dave Palumbo: 5 days out from the NPC NATIONALS--click

November 7, 2006 RESEARCH & REVIEW: PERFORM CARDIO BEFORE BREAKFAST TO MAXIMIZE FAT BURNING and OOLONG TEA PROMOTES FAT LOSS IN ATHLETES

November 7, 2006 KELLY BAUTISTA Video: 1 week out from the NPC NATIONALS--click

November 6, 2006 STAN MCQUAY Video: 1 week out from the NPC NATIONALS--click

November 6, 2006 NPC Eastern USA (New York City, NY)-- Onstage Photo Gallery or

Paparazzi and Backstage Photos-- Free or for Full Gallery-- Members Only

November 5, 2006 Steve Namat Video: Find out who this man really is--click

November 4, 2006 New MUSCLE RADIO SHOW is posted-- LARRY PEPE INTERVIEWS DON LONG

November 2, 2006 NEW TRAINING ARTICLE: GUSTAVO BADELL BLASTS ARMS-- click

November 2, 2006 NEW MASTERS BODYBUILDING: ASK CHARLIE ARMS-2-- click

November 1, 2006 CLASSIC PHOTOS: 2004 Arnold Classic-- Free Samples or Full Members Gallery

November 1, 2006 New Photo Gallery--IFBB Pro Bodybuilder: KRIS DIM-- Samples or Full Members Gallery

October 29, 2006 NPC Border States Results (Anaheim, CA)

October 29. 2006 NPC East Coast (Paterson, NJ)-- Onstage Photo Gallery or

Paparazzi and Backstage Photos-- free or for Full Gallery-- Members Only

October 27, 2006 New Facts About Titus Case Revealed on Muscle Radio --click

October 22, 2006 New Photo Gallery--Figure Competitor: LATISHA WILDER-- Samples or Full Members Gallery

October 24, 2006 BREAKING NEWS!!! MD SIGNS MARKUS RUHL!-- click

October 22, 2006 Supplement of the Month: MYOZENE: Where Science Meets Gym

October 22, 2006 New M "D" CUP GIRL: MICHELLE LYNN-- Samples or Full Members Gallery

October 20, 2006 Breaking News! TITUS HIRES HITMAN TO WACK KEY WITNESSES

October 18, 2006 TRAINING article: Maximum Growth: Is It Better to Do Cardio or Weigh Training First?

October 17, 2006 Breaking News! PRIEST STICKS WITH PDI!!!

October 17, 2006 new Performance Nutrition article: Pre and Post Exercise Protein/Amino Acid Supplementation

October 17, 2006 new Research and Review articles: Formoterol Increases Muscle Mass and Nutrient Time and Muscle Hypertrophy

October 16, 2006 Check out our new LINKS page-- here

October 16, 2006 Breaking News! Will Lee Priest rejoin the IFBB? -- click

October 14, 2006 New PERFORMANCE NUTRITION article entitled Build with Proteins and Balance with Veggies & Fruits

October 13, 2006 New RESEARCH and REVIEW articles on Sodium Bicarbonate Loading and High-intensity Exercise and Spot Reduction is for Real

October 12, 2006 New MD NO-BULL RADIO show posted (Oct. 8th Show)-- click

October 11, 2006 Official Rules and Entry for 1st ANNUAL MD CYBER CLASSIC

October 7, 2006 1st Annual MD CYBER BODYBUILDING CLASSIC. \$10,000 First Prize Endorsement Contract and MD COVER SHOT.....more

October 5, 2006 Olympia VIP Victory Celebration Exclusive Pics (MEMBERS ONLY)

October 5, 2006 MD Kicks Ass at Olympia

October 4, 2006 Hot new Photo Gallery of Female Bodybuilder, LINDSAY MULINAZZI-- free gallery  
or to see the complete photo gallery check out MEMBERS GALLERY

October 3, 2006 Whey Protein Hydrosylates Increase Muscle Mass and Strength While Increasing Fat Burning

October 2, 2006 INJURIES AND PREVENTION article: VISCOSUPPLEMENTATION FOR SORE JOINTS

September 29, 2006 OLYMPIA CONTEST GALLERIES and OLYMPIA PAPARAZZI GALLERIES

September 4, 2006: We're LIVE online!!